VADNAIS LAKE AREA WATER MANAGEMENT ORGANIZATION Sustainable Lake Management Plan Charley Lake, Ramsey County, MN



Prepared by Kristine Jenson & Tyler Thompson December 2017

# VADNAIS LAKE AREA WATER MANAGEMENT ORGANIZATION SUSTAINABLE LAKE MANAGEMENT PLAN – CHARLEY LAKE DECEMBER 2017

VLAWMO would like to thank the following the Ramsey Conservation District, City of North Oaks, North Oaks Homeowners Association, and St. Paul Regional Water Service for their partnership and cooperation. It is the mission of VLAWMO to protect and enhance the water resources within the watershed through activities such as water quality monitoring, wetland protection, and water quality improvement projects. The cornerstone of VLAWMO's success is our vital partnerships and we appreciate all your work and assistance to help us fulfill our mission.



Vadnais Lake Area Water Management Organization 800 East County Road E Vadnais Heights, MN 55127 651-204-6070 www.vlawmo.org

# TABLE OF CONTENTS

1.	Intr	ODUCTION	1
2.	WAT	ERSHED FEATURES	2
:	2.1	HISTORY	2
	2.2	CHARLEY LAKE DRAINAGE AREA	6
	2.3	CHARLEY LAKE SOILS	8
:	2.4	CHARLEY LAKE WETLANDS	9
3.	Lake	E FEATURES	10
	3.1	CHARLEY LAKE DEPTH	10
	3.2	CHARLEY LAKE BIOVOLUME AND AQUATIC VEGETATION	11
	3.3	SHORELINE VEGETATION	13
	3.4	WATER QUALITY SUMMARY	13
4	MAN	JAGEMENT PLAN	15
	4.1	MANAGEMENT PLAN FOR CHARLEY LAKE	15
Api	PENDIC	ES	16
	CHARL CHARL CHARL PLEAS	LEY LAKE CONTOUR SURVEY, APRIL 2017 LEY LAKE MACROPHYTE AND BIOVOLUME SURVEY, AUGUST 2017 LEY LAKE SHORE VEGETATION SURVEY, AUGUST 2017 ANT – CHARLEY – DEEP SUBWATERSHED URBAN STORMWATER RETROFIT ANALYSIS, DECEMBER 2015	

This page is intentionally left blank.

## **1** INTRODUCTION

Charley Lake is located in the City of North Oaks, Ramsey County and lies within the Vadnais Lake Area Water Management Organization (VLAWMO) watershed area. Charley Lake is 38 acres in size with a maximum depth of nearly 18 feet and average feet of 5 feet. The lake has no public access and is surrounded by private, residential development, mostly on large lots. Charley Lake is at the top of a chain of lakes within VLAWMO, linking via a channel to Pleasant Lake which then links to Sucker Lake and finally to East Vadnais Lake. These lakes are utilized by the St. Paul Regional Water Service (SPRWS) to move water from the Mississippi River to their treatment facility so that it can be used as drinking water. On average, 20-25 million gallons of water is pumped each day into the lake by the SPRWS. The amount of water pumped into the system varies according to demand. In order to understand the health of Charley Lake, we must consider the input from the Mississippi River as well as the surrounding sub-watershed area that drains into Charley Lake. For most lakes, water quality is affected greatly by the watershed surrounding the lake, meaning that the way the land is managed plays a role in the health of the water body. This lake is unique because it receives so much water from the Mississippi River. Due to the constant inflow from the Mississippi River, the water within Charley changes over approximately every 3 days. Therefore, an important factor regarding the health of Charley Lake is the water quality of the Mississippi River.



Figure 1: Map of VLAWMO

## 2.1 HISTORY

AERIAL PHOTO HISTORY

Figure 2: 1940 aerial photo of Charley Lake



In 1940 there are some agricultural clearings and lake homes on Turtle Lake. The channel on the NW side of the lake appears to connect to Baldwin Lake. County Rd I and Hodgson Rd are present.



Figure 3: 1953 aerial photo of Charley Lake

1953 aerials show a road as well as a few buildings on the north side of the lake have been built.

Figure 4: 1974 aerial photo of Charley Lake



By 1974 the residential development of North Oaks is now in progress and the convent south of Charley has been built. The aqueduct pumping water from the Mississippi now connects to the North Oaks chain of lakes by entering through Charley Lake.

Figure 5: 1985 aerial photo of Charley Lake



In 1985, the early residential development north of Charley is completed, and some homes off of Hodgson Road, on Turtle Lake have been built. Residential development out of frame to the north has begun.

Figure 6: 1991 aerial photo of Charley Lake



All of the first-phase development within the Charley subwatershed catchment has been completed.

Figure 7: 2003 aerial photo of Charley Lake



More development to the north and west of Charley Lake, and development to the south of Charley Channel.

Figure 8: 2009 aerial photo of Charley Lake



Little has changed since the 2003 aerial.

Figure 9: 2015 aerial photo of Charley Lake



The convent south of Charley Lake has been demolished and a new residential development has begun. The development has contributed to sedimentation and nutrient issues in the lake.

## 2.2 CHARLEY LAKE DRAINAGE AREA

Charley Lake receives water runoff mainly from the northeast which is largely residential and open space. Just over 638 acres of land lies within the Charley's drainage area, which is about 15 times larger than the lake itself. Charley's main water input is fed from two 60 inch culverts that run from the Mississippi River in Fridley and comes in on the northwest shoreline of the lake. The other attributing source is water collected



from its catchment area. On the north side, Long Marsh Stream enters the lake and contributes drainage from 2 neighborhoods, as well as wetlands further upstream. The lake outlets to the southeast into Charley Channel, where the water then flows into Pleasant Lake. The lake's water level varies depending on pumping from the Mississippi as the St. Paul Regional Water Service requires for the water supply, keeping within a 2-foot fluctuation in water level in the system.

The lake is surrounded on all sides by low-density development with minimal impervious surfaces and sufficient buffering around most of the shoreline from yards. However, the 2015 Ramsey Conservation District's Urban Stormwater Retrofit Analysis of the subwatershed determined that improvement can be made in the area of pretreatment and reduction of stormwater inputs into the Charley Lake. Stormwater runoff from a newly construction residential area to

the south of Charley Lake resulted in a treatment pond overflowing which contributed to excess nutrient loading and algae within the lake in 2015 and 2016.

A factor to watershed runoff into a lake is the amount of impervious surface. Impervious surfaces do not allow for water to infiltrate into the ground and therefore, the more impervious area within a subwatershed equates to more untreated water runoff into the lake which could cause water quality problems. As shown in Figure 11, the impervious surfaces within the Charley Lake subwatershed comes from homes and roads. Overall, there is a minimal amount of impervious area within the subwatershed. However, the increase in

development within the subwatershed means the higher the potential for runoff to be entering the lake. VLAWMO's water quality monitoring program will keep a watchful eye on nutrient levels so that any adverse changes could be addressed early. In 2015, the Ramsey Conservation District conducted a retrofit analysis for the larger Pleasant – Charley – Deep Subwatershed area. Areas where potential stormwater capture projects were assessed and ranked with many possibilities located within the Charley catchment. As future actions are discussed for this lake, the retrofit report could be a helpful tool in providing direction.





## 2.3 CHARLEY LAKE SOILS

Charley Lake has an array of soils present within its drainage area. Overall, the soils are sandy and drain rather well. The soils found in the Long Marsh area are thicker and poorly drained which is common in wetlands and bogs.





### 2.4 CHARLEY LAKE WETLANDS

There is a large wetland complex to the north of Charley Lake called Long Marsh. This wetland feeds into Charley Lake and could be an area to monitor for possible nutrient inputs to the lake. As stated earlier, the large influx of water from the Mississippi River is likely the largest contributor to the water quality of Charley Lake but we must still consider all the possible inputs to the lake.





# 3 LAKE FEATURES

## 3.1 CHARLEY LAKE DEPTH

A bathymetry survey was completed in 2017 to develop a map of what the bottom of Charley Lake looks like and to determine how deep it is. Charley Lake has a maximum depth of nearly 18 feet. It has a typical lake bottom shape with shallower areas along the outer portions of the lake and deeper sections towards the middle.

Figure 14: Charley Lake Depth Map



## 3.2 CHARLEY LAKE BIOVOLUME AND AQUATIC VEGETATION

In 2017, the Ramsey Conservation District conducted a biovolume and aquatic vegetation survey. Biovolume tells us the density of plant life within the lake. Blue signifies 0% plant life and red signifies 100% plant life. It is common that at depths below 4-6 feet, there is no plant life because the sun cannot penetrate the water enough to allow for plant growth. As figure 15 shows, Charley Lake has abundant plant life in areas that are 0-6 feet deep and very little is found past that depth.



Figure 15: Charley Lake Biovolume

Along with the biovolume survey, an assessment of the types and abundance of specific aquatic plants was conducted. Of the 23 survey points, vegetation was found 14 locations.



Figure 16: Charley Lake Aquatic Plant Survey Points

Ten different plant species were found but 5 were dominant:

Common Name	Scientific Name	Percent Occurrence	Native to MN?
Coontail	Ceratphyllum demersum	93%	Yes
Canada Waterweed	Elodea Canadensis	86%	Yes
Curly Leaf Pondweed	Potamogeton crispus	57%	No
Filamentous Algae	Spirogyra/Cladophora sp	43%	Yes
Northern Watermilfoil	Myriophyllum sibiricum	43%	Yes

The only plant of concern is Curly Leaf Pondweed. Curly Leaf can be a source of nutrients in a lake and could be addressed if needed to help reduce phosphorus loading. At this point, we have a baseline of data to work from and can use this information to assist with future projects when the time comes.

### 3.3 SHORELINE VEGETATION

In addition to the other survey work completed in 2017, an assessment of the vegetation around the shoreline was conducted by the Ramsey Conservation District and their report is included in the Appendix. The survey found an abundant diversity of native vegetation around the lake with some common invasive plants as well. There were no alarming discoveries or a dominance of any one particular plant species and therefore an active management plan is not called for at this time. However, the City of North Oaks and the Homeowner's Association may want to consider a casual weed maintenance schedule for the shoreline so as to keep the invasive species from taking over.

### 3.4 WATER QUALITY SUMMARY

Water quality data has been collected on Charley Lake dating back to 1995, though VLAWMO began regular, long-term sampling in 2009. A summary of the data is listed below. Samples from the lake are collected every 2 weeks from May through September and tested for Total Phosphorus (TP) and Chlorophyll A (Chl-a). Additionally, data is collected throughout the season for water clarity (secchi disk), nutrients (TP, Chl-a, SRP, nitrogens), and chemistry (temperature, conductivity, dissolved oxygen, and potential hydrogen [pH]).

TP is the primary cause of excessive plant and algae growth in lake systems. Phosphorus originates from a variety of sources, many of which are human related. Major sources include human and animal waste, soil erosion, detergents, septic systems, and storm water runoff. There can also be internal loading in a lake from the sediment. Chl-a is a green pigment in algae. Measuring Chl-a concentration gives an indication of how abundant algae is in a waterbody. The MN Pollution Control Agency (MPCA) has set impairment standards for the levels of TP and Chl-a for lakes in this area. For shallow lakes, the standard level for nutrients is less than 60µg/L for TP and less than 20µg/L for Chl-a to not be considered as impaired for nutrients.

All of these parameters together, and with almost 10 full years of monitoring data, provides us with great insight into the health of the lake. However, because of the influx of water from the Mississippi River, it is different than all other lakes within VLAWMO.

The numbers in red indicate parameters that do not meet State Standards for shallow lakes (i.e., unhealthy levels for a lake). Looking at Charley's long-term track record of water quality data, we can conclude that the lake's health and average nutrient levels vary from year to year, and on the surface, it could look like it leans towards becoming impaired. However, since nutrient levels vary from being considered impaired one year, and then not being impaired the next, coupled with the fact that much of the water comes from the

Charley Lake Historical Avg TP/Chl-a/SDT/Chl										
Year	TP (ug/L)	Chl-a (µg/L)	Secchi (m)	Chloride (mg/L)						
2009	39	18	1	NA						
2010	90	18.9	1	16						
2011	87	9.3	1.1	20						
2012	74	13	1	22						
2013	57	11	1	30						
2014	59	10	1.1	25						
2015	57	14	1.1	20						
2016	78	10	1.2	15						
2017	54	10	12	19						

Table 1: Charley Lake Monitoring Data 2009-2017

## 3 LAKE FEATURES

Mississippi River, the situation isn't that simple. The Trophic State Index (TSI) of Charley Lake indicates the basin's nutrient levels combined with clarity levels qualify it as a Eutrophic waterbody. The 2017 aquatic vegetation survey also showed that the lake has the invasive species Curly Leaf Pondweed, which can attribute to higher TP and algae production in a waterbody. However, since Charley Lake is mostly a flow-through system that is constantly being flushed with new water, it likely keeps the lake cleaner and clearer than if it had a lower water exchange rate.



Figure 17: Historical Water Quality Averages in Charley Lake 2009-2017

## 4.1 MANAGEMENT PLAN FOR CHARLEY LAKE

The 2017-2026 VLAWMO Comprehensive Watershed Management Plan assessed the all the lakes and water resources within its jurisdiction and set management classifications for each of the subwatersheds. Charley Lake is part of the Pleasant-Charley-Deep Subwatershed which was given a classification of "Monitor/Restore". Producing this SLMP is a step towards determining if any restoration activities are warranted at this time for Charley Lake. Based on the studies completed thus far, along with the water quality monitoring history, there is no immediate restoration needs for Charley Lake. VLAWMO will continue to monitor water quality and will keep an eye on effect of the newer housing developments around the lake in order to act in a timely manner if degradation is occurring.

Action Item	Description	Leader	Potential Costs \$ = \$0-\$5,000 \$\$ = \$5,000-\$25,000 \$\$\$ = >\$25,000
Continued Lake Monitoring	Continue current lake monitoring program to measure nutrient levels, dissolved oxygen, and temperature.	VLAWMO	\$
Promote Landscape Grant Program	Reach out to the property owners within the new housing development to promote the VLAWMO Landscape Grant Program so as to help reduce stormwater runoff into Charley Lake.	VLAWMO	\$
Enhanced Studies	Partner and provide support with the City of North Oaks, North Oaks Homeowners Association, and St. Paul Regional Water Service on possible future studies regarding the effects of increase water pumping into Charley Lake, sedimentation in Charley, or other topics as they arise.	VLAWMO, City, NOHOA, SPRWS	\$\$
Water Quality Improvement Projects	Meet with SPRWS, City, and NOHOA on regular basis to discuss upcoming water quality improvement projects, using 2015 Retrofit Analysis Report to aid in determining best opportunities.	VLAWMO, City, NOHOA, SPRWS	\$-\$\$\$

Table 2: Action Items for Charley Lake

# APPENDICIES

CHARLEY LAKE CONTOUR SURVEY, APRIL 2017 CHARLEY LAKE MACROPHYTE AND BIOVOLUME SURVEY, AUGUST 2017 CHARLEY LAKE SHORE VEGETATION SURVEY, AUGUST 2017 PLEASANT – CHARLEY – DEEP SUBWATERSHED URBAN STORMWATER RETROFIT ANALYSIS, DECEMBER 2015

# Charley Lake



## Contour Survey 4/03/17

Data collected and prepared by **Ramsey Conservation District** for

Vadnais Lake Area Water Management Organization 800 East County Rd E. Vadnais Heights, MN 55127 Phone: (651) 204-6073 http://www.vlawmo.org/



Figure 1. Location of Charley Lake (red) in Ramsey County within VLAWMO borders

## **Charley Lake Depth Survey**

April 3, 2017

#### Methods:

A Lowrance HDS-5 Insight Global Positioning System (GPS)-enabled depth finder was used to collect bathymetry and other data on Charley Lake on April 3, 2017. The lake was transected at a maximum distance of 40 meters between transects at a speed of less than 3 miles per hour. A measuring rod was used to spot check depth accuracy. Sonar log data was processed using the Contour Innovations, LLC, BioBase system and adjusted by 1.25 feet to account for the depth of the transducer and field measurements.

#### **Results:**

The data points were exported from BioBase and interpolated using ArcGIS software, where contour lines were generated. Results include a bathymetry map featuring depth in three-foot intervals, a bottom composition map, and a biovolume map. 3-foot contour lines will be sent with this report as a shapefile. The deepest point of this lake was recorded at 17.8 feet. While that point was not measured with the rod, one area was confirmed at 15.5 ft depth with the measuring rod. The survey showed a water volume of 257.74 acre-feet.



More robust interactive map data, including sonar log trip replays, can be viewed on the ciBioBase website: <u>www.cibiobase.com</u>.



Figure 2. Depth of Charley Lake with 3-ft contours



Figure 3. Hardness of Charley Lake bottom with 3-ft contours



Figure 4. Biovolume of Charley Lake with 3-ft contours

# Charley Lake



## Macrophyte and Biovolume Survey 8/04/17

This document contains two types of vegetation data collected on Charley Lake. The first section details the methods and findings of a point intercept survey of macrophyte vegetation. The second section details the methods and results of a vegetation bio-volume survey.

Data collected and prepared by Ramsey Conservation District for

#### Vadnais Lake Area Water Management Organization 800 East County Rd E. Vadnais Heights MN 55127

Vadnais Heights, MN 55127 Phone: (651) 204-6073 http://www.vlawmo.org/



Figure 1. Location of Charley Lake (red) in Ramsey County within VLAWMO borders

## Charley Lake Macrophyte Survey

August 4, 2017

#### Methods:

The point intercept method incorporating aerial photography and a Lowrance HDS-5<sup>™</sup> Global Positioning System (GPS) was used to assess the aquatic macrophyte community on Charley Lake on August 4, 2017. Samples were taken at twenty-three evenly spaced (80 m) geo-referenced points (Figure 2). Data on depth, plant species, and abundance rank was recorded as displayed in Tables 2 and 3 and in the maps of this report. A secchi disk measurement was also taken in the center of the lake on the shady side of the boat, with results in Table 3.

A double-tined metal rake attached to an 11-meter rope was used to collect specimens. At each point, the device was thrown out approximately 1 meter and then dragged across the substrate for approximately one meter. Species were identified and given a ranking based on cover of rake tines (Table 1). Plant species that were floating in the water at the collection points were also counted.

Table 1

Abundance rankings for percent cover of rake tines						
Percent Cover of Tines	Abundance Ranking					
81-100	5					
61-80	4					
41-60	3					
21-40	2					
1-20	1					

#### **Results:**

Aquatic macrophytes were found at 14 of 23 points surveyed (Figure 2). Coontail (*Ceratophyllum demersum*), Canada Waterweed (*Elodea canadensis*), and Curly Leaf Pondweed (*Potamogeton crispus*) were the most common species, found at over half of the points where vegetation was detected (at least 7). Other prominent species, detected at six survey points, were Northern Watermilfoil (*Myriophyllum sibiricum*) and Filamentous Algae (*Spirogyra/Cladophora sp.*). Found at one survey point each were Water Stargrass (*Heteranthera dubia*), Lesser Duckweed (*Lemna minor*), Star Duckweed (*Lemna trisulca*), White Water Lily (*Nymphaea odorata*), and Leafy Pondweed (*Potamogeton foliosus*). Eurasian Watermilfoil (*Myriophyllum* spicatum), Greater Duckweed (*Spirodela polyriza*), Sago Pondweed (*Potamogeton pectinatus*), Yellow Water Lily (*Nuphar lutea*); and Watermeal (*Wolffia*) were also observed in the lake, though not at any survey points. The secchi disk reading was 1.5m (4.9 ft) (Table 3).

#### Table 2

1	0		, ,	0 /
			Average	Percent
Species	Common Name	Scientific Name	Abundance	Occurrence
			8/4/2017	8/4/2017
1	Coontail	Ceratophyllum demersum	2.85	93%
2	Canada Waterweed	Elodea canadensis	2.25	86%
3	Curly Leaf Pondweed	Potamogeton crispus	1.13	57%
4	Filamentous Algae	Spirogyra/Cladophora sp	2.83	43%
5	Northern Watermilfoil	Myriophyllum sibiricum	1	43%
6	Leafy Pondweed	Potamogeton foliosus	2	7%
7	Water Stargrass	Heteranthera dubia	1	7%
8	White Water Lily	Nymphaea odorata	1	7%
9	Star Duckweed	Lemna trisulca	1	7%
10	Lesser Duckweed	Lemna minor	1	7%

% Occurrence & Avg Abundance of aquatic plant taxa present on Charley Lake, Aug 4, 2017

Also observed: Watermeal, Greater Duckweed, Yellow Water Lily, Sago Pondweed, Eurasian Watermilfoil

Note. Percent occurrence represents the number of times a plant species was observed divided by the number of total sample sites where vegetation was observed. Average abundance is calculated as the average of the abundance ranking for an individual species present.

#### Table 3

Denth.	secchi disk and	veaetation	abundance	noint survev	results.	August 4, 201	17
Deptil,	Secon alsk and	vegetation	abanaanee	point survey	results, i	, lugust 4, 201	.,

-1		- 3		P	-,,	- 3 ,	-			1
Point	Coontail	Curly Leaf Pondweed	Canada Waterw eed	Northern Watermil foil	Filament ous Algae	Leafy Pondweed	Water Stargrass	Star Duck weed	White Water Lily	Lesser Duckweed
1	4	1	1	1						
2	2	1								
3										
4										
5	4		2		2					
6										
7										
8	4	1	1	1						
9	3		2	1						
10										
11										
12	3	2	2	1						
13	1	1	1	1						
14										
15										
16	1	1	2		1			1		
17	1								1	
18										
19	3		3				1			
20	5	1	3	1	4					
21			5		5					1
22	2		4		3					
23	4	1	1		2	2				
Total										
Abundance	37	9	27	6	17	2	1	1	1	1
Count	13	8	12	6	6	1	1	1	1	1
Avg. Abundance	2.85	1.13	2.25	1.00	2.83	2.00	1.00	1.00	1.00	1.00
% Occurrence	93%	57%	86%	43%	43%	7%	7%	7%	7%	7%
		1								
Secchi Depth:	1.5m									



Figure 2. Charley Lake vegetation point intercept survey locations. N=23.

## **Charley Lake Biovolume Survey**

August 4, 2017

#### Methods:

A Lowrance HDS-5<sub>TM</sub> Global Positioning System (GPS)-enabled depth finder was used to collect submerged aquatic vegetation biovolume data on Charley Lake on August 4, 2017. The lake was transected at a distance of 40 meters between transects at a speed of no more than 4 miles per hour. Sonar log data was recorded using the Lowrance HDS-5<sub>TM</sub> Global Positioning System (GPS)-enabled depth finder to assess this data. Transducer data was processed using Contour Innovations, LLC, BioBase software.

#### **Results:**

The results below were produced by exporting the processed data from the BioBase system and interpolating spatial data using ArcGIS software. Results include maps as well as statistics of biovolume distribution represented as total percent of water column occupied by plant matter ranging from zero to one hundred. Interactive map data, including sonar log trip replays, can be viewed on the BioBase website:www.cibiobase.com.



A A	Area of Interest Summary									
AOI ?	Type ?	PAC ?	Avg BVp ?	SD BVp ?	Avg BVw ?	SD BVw ?	Depth Range	Avg Depth	Distance	No. Points
1	Point	51.3%	72.9%	±31.6%	37.4%	±42.9%	0.31-4.75 m	1.25 m	5.1 km	1,761
	Grid	68.7%	66%	±29.4%	45.3%	±39.1%	0-4.69 m	1.74 m	-	3,656

	Biovolume Analysis by	volume Analysis by Quantity									
AOI ?	0-5%	5-20%	20-40%	40-60%	60-80%	>80%					
1	48.67%	6.64%	3.69%	3.92%	8.23%	28.85%					

#### Biovolume Analysis by Depth

A01 ?	Depth	Type ?	Count	PAC ?	Avg BVp ?	SD BVp ?	Avg BVw ?	SD BVw ?
1	0-1m	Point	460	98.3%	86.3%	±21.8%	84.8%	±24.4%
	1-2m		505	76.4%	65.3%	±31.5%	49.9%	±39%
	2-3m		357	18.5%	25.4%	±28.8%	4.7%	±15.8%
	3-4m		314	0%	-	-	0%	±0%
	4-5m		125	0%	-	-	0%	±0%
	5-6m		0	-	-	-	-	-
	6-7m		0	-	-	-	-	-
	7-8m		0	-	-	-	-	-
	8-9m		0	-	-	-	-	-
	>9m		0	-	-	-	-	-
	0-1m	Grid	1529	99.3%	81.5%	±19.5%	80.9%	±20.5%
	1-2m		824	95.4%	49.4%	±24.2%	47.1%	±25.8%
	2-3m		425	43.8%	16.5%	±11.2%	7.2%	±11%
	3-4m		650	2.9%	7.7%	±2.1%	0.2%	±1.3%
	4-5m		228	0%	-	-	0%	±0%
	5-6m		0	-	-	-	-	-
	6-7m		0	-	-	-	-	-
	7-8m		0	-	-	-	-	-
	8-9m		0	-	-	-	-	-
	>9m		0	-	-	-	-	-

#### Glossary

#### AOI

Area of Interest: Defines the individual transects or contiguous data samples as depicted by the color coding of each trip line. Seperate areas of interest can be generated through merging of multiple trips, appending data to a single sonar log or lapses in time (greater than five minutes) within a sonar log.

#### BVp

Biovolume (Plant):: Refers to the percentage of the water column taken up by vegetation when vegetation exists. Areas that do not have any vegetation are not taken into consideration for this calculation.

#### BVw

Biovolume (All water): Refers to the average percentage of the water column taken up by vegetation regardless of whether vegetation exists. In areas where no vegetation exists, a zero value is entered into the calculation, thus reducing the overall biovolume of the entire area covered by the survey.

#### PAC

Percent Area Covered: Refers to the overall surface area that has vegetation growing.

#### Grid

Geostatistical Interpolated Grid: Interpolated and evenly spaced values representing kriged (smoothed) output of aggregated data points. The gridded data is most accurate summary of individual survey areas.

#### Point

Individual Coordinate Point: A single point represents a summary of sonar pings and the derived bottom and canopy depths. Individual point data create an irregularily spaced dataset that may have overlaps and/or gaps in the data resulting in a increased potential for error.

#### Figure 3. Charley Lake BioBase survey summary statistics.



Figure 4. Charley Lake vegetation biovolume with 3ft contours. Blue = 0% and Red = 100%

# Charley Lake



## Shore Vegetation Survey 8/10/17

This document details the methods and findings for vegetation data collected from an assessment of the shore vegetation on Charley Lake.

Data collected and prepared by **Ramsey Conservation District** for

#### Vadnais Lake Area Water Management Organization 800 East County Rd E. Vadnais Heights, MN 55127 Phone: (651) 204-6073 http://www.vlawmo.org/



Location of Charley Lake (red) in Ramsey County within VLAWMO borders

## Charley Lake Shore Vegetation Survey

August 10, 2017

#### Methods:

The plant sampling technique used for this survey was the Relevé method, which applied plot-based sampling as the collection method to describe and characterize the shore vegetation surrounding Charley Lake. The precise methodology was adapted from the current practices and procedures for collecting vegetation plot data, by the Minnesota Department of Natural Resources County Biological Survey and Natural Heritage Program.

Three preliminary sample locations were identified based on the major vegetative patterns and site conditions through off-site analysis. Relevé sampling plots were then field-verified and subjectively placed to best represent uniformity in vegetation composition and structure. Once the location of each sampling plot was finalized, the shape and orientation of the plot (equal to 100 square meters) was determined for greatest accuracy in species documentation and coverage. Relevé shape was also altered comparative to site conditions, such as slope or impacts by the built-environment. Layout of the sampling plots were then flagged, and GPS coordinates were taken for each corner [*Figure 1*].

#### Vegetation Data:

Each relevé resulted in a complete list and percent areal cover of the species present [*Appendix A*]. Furthermore, a species' status as native, non-native and invasive was recorded on the field data forms. Status for native origin to Minnesota, was determined according to Cholewa, A.F. 2011. *Annotated Checklist of the Flora of Minnesota*. Invasive species status was based on ranking from the Minnesota Invasive Species Advisory Council (MISAC) and NatureServe's impact rankings. In addition, the wetland indicator status for each species was listed to assist with further characterization of the plant community types sampled. Wetland indicator status was assigned per the Army Corp of Engineers (USACE) 2016 Northcentral and Northeast Regional Wetland Plant List. All plant species within the designated plot boundary or limits, were inventoried to the full binomial name of the species. All survey data was recorded in the field, apart from correction for any species that were collected for identification.

The procedure for recording plant data was to divide the vegetation into four general layers: T= Tree, S= Sapling/Shrub, H= Herbaceous, and V= Woody Vines – based on functional life-form and vertical stratification of the plant species present. A cover-abundance class value was then visually estimated and given for each plant identified within the respective stratum and relevé area. The scalar value for cover-abundance class assigned in the field was the Modified Daubenmire Vegetation Cover Scale (Daubenmire 1959, 1968) from Mueller Dombois and Ellenberg (1974) [*Table 1*]. All estimates were reported as absolute cover (not relative cover), and species percent covers may total over 100% when added-up due to overlap. Non-native or invasive species occurring in the relevé areas were also recorded with their respective strata and cover class value [*Appendix A*].

Cover Class	Cover Class Range	Midpoint
7	>95 – 100%	97.5%
6	>75 – 95%	85%
5	>50 – 75%	62.5%
4	>25 – 50%	37.5%
3	>5 – 25%	15%
2	>1 - 5%	3%
1	>0 - 1%	0.5%

Table 1. Cover Classes, cover class ranges, and percent cover midpoints. Modified Daubenmire Vegetation Cover Scale (Daubenmire 1959, 1968) from Mueller Dombois and Ellenberg (1974).

#### **Results:**

#### Relevé Survey Area 1.0:

The plant sampling plot selected for this survey area was located nearest the northwest corner of the lake [Figure 1], and consistent with the plant community surrounding predominantly the northern and western shoreline. The sample plot was constructed with the dimension of 5-meters x 20-meters. The configuration of the plot was arranged to reflect its transitional location between aquatic communities and upland, as well as document the gentle sloping nature or gradual change in elevation across the plant community.

The plant community sampled was observed to be dominant to an approximate elevation of 894.00 feet and has a south and eastern sun exposure with nearly 100-percent vegetative cover. The plant community was comprised of perennial forb, grass and sedge mixtures growing on saturated soils, consistent with inland fresh meadow and shallow marsh species [*Figure 2*]. Conditions indicating short periods of inundation or standing water were also observed. Invading shrubs and smaller trees were present as scattered individuals, becoming denser with encroachment nearing upland conditions or where disturbances are present. The plant community remained consistent in diversity and native perennial plant cover in all areas which it occurred surrounding Charley Lake.

Lake Sedge (*Carex lacustris*) is dominant while Canada Blue-joint Grass (*Calamagrostis canadensis*) is sub-dominant. Non-dominant species include Northern Marsh Fern (*Thelypteris palustris*), River Bulrush (*Scirpus fluviatilis*), Green Bulrush (*Scirpus atrovirens*), Narrow-leaved Cattail (*Typha angustifolia*), Softstem Bulrush (*Schoenoplectus tabernaemontani*), Purple Loosestrife (*Lythrum salicaria*), Giant Bur Reed (*Sparganium eurycarpum*), Reed Canary Grass (*Phalaris arundinacea*), Caterpillar Sedge (*Carex comosa*), Sweet flag (*Acorus americanus*), American Common Reed (*Phragmites australis subsp. Americanus*), Bulblet-Bearing Water Hemlock (*Cicuta bulbifera*), Porcupine Sedge (Carex *hystericina*), Jewelweed (*Impatiens capensis*), Rice Cut Grass (*Leersia oryzoides*), Monkey Flower (*Mimulus ringens*) Fowl Bluegrass (*Poa palustris*), Wild Mint (*Mentha arvensis*), Linear-Leaf Willow Herb (*Epilobium leptophyllum*) Swamp Milkweed (*Asclepias incarnata*), Joe Pye Weed (*Eupatorium maculatum*), Stiff Marsh Bedstraw (*Galium tinctorium*), Red-stemmed Aster (*Sypmhyotrichum puniceum*), Broadleaf Arrowhead (*Saggitaria latifolia*), Great Water Dock (*Rumex britannica*), Arrowleaf Tearthumb (*Persicaria sagittata*), Water Horsetail (*Equisetum fluviatile*), Common Boneset (*Eupatorium perfoliatum*), Blue Flag Iris (*Iris versicolor*) and Sensitive fern (*Onoclea sensibilis*). Small, dispersed individuals of Speckled Alder (*Alnus incana*), Beaked Willow (*Salix bebbiana*), Slender Willow (*Salix petiolaris*), Glossy Buckthorn (*Frangula alnus*), and Red-osier Dogwood (*Cornus sericea*) are present.

#### Relevé Survey Area 2.0:

The plant sampling plot selected for this survey area was located nearest the northeast corner of the lake [Figure 1], and consistent with the vegetative structure and composition immediately on the northeastern shoreline, where the proximity of the road is closest. The sample plot was constructed with the dimension of 5-meters x 20-meters. The configuration of the plot was arranged to document the abrupt change in elevation from surface water to upland, and to reflect the thin-band of shore vegetation as result from the existing road.

The plant community sampled was characterized by upland dry-mesic site conditions, and has a continuous groundcover, with an emerging shrub-layer and a sparse canopy of deciduous trees [*Figure 3*]. The vegetative structure and composition was observed to be dominant and persist most consistently along the northeast shoreline. Along this area of the shoreline, conditions of naturally occurring steep slopes with south- and southwest-facing aspects, abruptly transition into lake-edge. Due to the existing conditions, the structure and composition of the vegetation is comprised largely of both annual and perennial forb, grass and woody deciduous upland species. However, there is a narrow fringe of emergent and transitional species growing immediately at the water's edge. In addition, a significant amount of reoccurring disturbance was observed in the sample area. This is a result from the overlap of road right-of-way and localized erosion caused from drainage off the road. There is a dominance of invasive and native perennials tolerant of disturbed areas, and that disperse quickly or have aggressive tendencies which coincides with this disturbance.
Smooth Brome (*Bromus inermis*) is dominant while Birds-foot Trefoil (*Lotus corniculatus*), Rabbit-foot Clover (*Trifolium arvense*), Red-osier dogwood (*Cornus sericea*), Staghorn Sumac (*Rhus typhina*), and Sandbar Willow (*Salix interior*) were sub-dominant species. Non-dominant species include Smooth Wild Rose (*Rosa blanda*), Common Yarrow (*Achillea millefolium*), Virginia Creeper (*Parthenocissus quinquefolia*) Common Ragweed (*Ambrosia artemisifolia*), Big Bluestem (*Andropogon gerardii*), Indian Hemp (*Apocynum cannabinum*), Common Burdock (*Arctium minus*), Common Milkweed (*Asclepias syriaca*), Lake Sedge (*Carex lacustris*), Orchard Grass (*Dactylis glomerata*), Smooth Crabgrass (*Digitaria ischaemum*), Butter and Eggs (*Linaria vulgaris*), Purple Loosestrife (*Lythrum salicaria*), Yellow Sweet Clover (*Melilotus officianlis*), Sensitive Fern (*Onoclea sensibilis*), Pennsylvania Smartweed (*Persicaria pensylvanica*), Reed Canary Grass (*Phalaris arundinacea*), Timothy (*Phleum pratense*), American Common Reed (*Phragmites australis subsp. americanus*), Common Plantain (*Plantago major*), Kentucky Bluegrass (*Poa pratense*), White Campion (*Silene latifolia*), Smooth Blue Aster (*Sypmphyotrichum laeve*) and Blue Vervain (*Verbena hastata*). A sparse upper-layer or canopy include American Elm (*Ulmus Americana*), Green Ash (*Fraxinus pensylvanica*), Northern Red Oak (*Quercus rubra*) and Riverbank Grape (*Vitis riparia*).

## Relevé Survey Area 3.0:

The plant sampling plot selected for this survey area was located nearest the southeastern corner of the lake [Figure 1], and consistent with the vegetative structure and composition surrounding predominantly the southern shoreline. The sample plot was constructed with the dimension of 5-meters x 20-meters. The configuration of the plot was arranged to document the landscape setting and conditions which varied slightly between naturally occurring steeper slopes to moderate slopes with north- and northwest-facing aspects.

The plant community sampled is characterized by upland dry-mesic site conditions. The vegetative structure and composition consisted of a ground-layer and shrub-layer that is patchy to interrupted, along with an understory and canopy that is interrupted to continuous. Furthermore, the plant community is comprised of both annual and perennial forb and grass species, as well as woody deciduous shrub and tree species [*Figure 4*].

The ground-layer and shrub-layer cover was observed to be patchy to interrupted, and includes Woodland Sedge (*Carex blanda*), Penn Sedge (*Carex pensylvanica*) Awl-fruited Sedge (*Carex stipata*), Smooth Brome (*Bromus inermis*), Large-leaved Aster (*Eurybia macrophylla*), Virginia Stickseed (*Hackelia virginiana*), Jewelweed (*Impatiens capensis*), False Solomon's Seal (*Maianthemum racemosum*), Smooth Solomon's Seal (*Polygonatum biflorum*), Canada Goldenrod (*Solidago canadensis*), Western Poison Ivy (*Toxicodendron rydbergii*), Hedge Bindweed (*Calystegia sepium*), Spotted Knapweed (*Centaurea stoebe*), Enchanter's Nightshade (*Circaea lutetiana*), Virginia Creeper (*Parthenocissus quinquefolia*), Kentucky Bluegrass (*Poa pratensis*), Reed Canary Grass (*Phalaris arundinacea*), Clearweed (*Pilea pumila*), Riverbank Grape (*Vitis riparia*), Timothy (*Phleum pratense*), Grey Dogwood (*Cornus racemosa*), Tartarian Honeysuckle (*Lonicera tatarica*), Prickly Gooseberry (*Ribes cynosbati*), Common Buckthorn (*Rhamnus cathartica*) and Red Raspberry (*Rubus idaeus*). There was a significant amount of Bur Oak (*Quercus macrocarpa*) and Northern Red Oak (*Quercus rubra*) seedlings present within the ground-layer.

The understory and canopy cover was observed to be interrupted to continuous, and dominant species include American Basswood (*Tilia americana*) and Northern Red Oak (*Quercus rubra*). Sub-dominant species include Ironwood (*Ostrya virginiana*), Bur Oak (*Quercus macrocarpa*), Green Ash (*Fraxinus pennsylvanica*), Hackberry (*Celtis occidentalis*), Paper Birch (*Betula papyrifera*) and Eastern Cottonwood (*Populus deltoides*). Other species present were Black Walnut (*Juglans nigra*) and Black Willow (*Salix nigra*).



Figure 1. Charley Lake Shore Vegetation Relevé Area survey point locations.

RELEVÉ	SURVEY	AREA	1.0
--------	--------	------	-----

PLANT COMMUNITY: Inland Fresh Meadow/Shallow Marsh (Circular 39 Type 2/3) or (Cowardin PEM1B/PEM1C and F)

Scientific Name	Common Name	Indicator	Native	Invasive	Strata	Cover Class	Cover Class Range
Aconus americanus	Sweet Elag	OBI	VES	NO	L	2	> 5 - 25%
Asclenias incarnata	Sweet hag	OBL	VES	NO	H	1	>0-1%
Calamagraetis canadensis	Canada Blueioint Grass	OBL	VES	NO	н	3	> 5 - 25%
Carex comosa	Caternillar Sedge	OBI	VES	NO	н	3	> 5 - 25%
Carey hystericing	Porcupina Sedge	OBL	VES	NO	н	2	>1-5%
Carex Instenting	I ske Sedge		VES	NO	 	4	> 25 - 50%
Circuta hulbifera	Bulblet-Bearing Water Hemlock		VES	NO	- H	4	>1-5%
Enilohium lentonhyllum	Linear-leaf Willow Herb	FACW	VES	NO	н	1	>0-1%
Equisetum fluviatile	Water Horsetail	OBI	VES	NO	H	1	>0-1%
Eupatorium maculatum	loe Bye Weed	OBL	VES	NO	н	1	> 0 - 1%
Eupatorium nerfoliatum	Common Boneset	FACW	VES	NO	н	1	> 0 - 1%
Galium tinctorium	Stiff Marsh Bedstraw	OBI	VES	NO	н	1	> 0 = 1%
Impatiens canensis	lewelweed	FACW	VES	NO	н	2	> 1 - 5%
Iris versicolor	Blue Flag Iris	OBI	VES	NO	н	1	>0-1%
l eersig onzoides	Rice Cut Grass	OBL	VES	NO	н	2	> 1 - 5%
	American Water Horebound	OBL	VES	NO	н	2	> 1 - 5%
Lythrum salicaria	Purple Loosestrife	OBL	NO	VES	н	3	> 5 - 25%
Mentha avensis	Wild Mint	EACW/	VES	NO	<u>н</u>	1	>0-1%
Mimulus ringens	Monkey Elower	OBI	VES	NO	H	2	>1-5%
Onoclea sensibilis	Sansitive Fern	FACW	VES	NO	н	1	> 0 - 1%
Persicaria lanathifolia	Nodding Smartweed	FACW	VES	NO	н	1	>0-1%
Persicaria nensylvanica	Pennsylvania Smartweed	FACW	VES	NO	н	2	>1-5%
Persicaria saaittata	Arrowleaf Tearthumh	OBI	VES	NO	H	1	> 0 - 1%
Phalaris anundinacea	Read Canapy Grass	FACW	NO	VES	- H	3	> 5 - 25%
Phraamites australis subsp. americanus	American Common Reed	FACW	VES	NO	н	2	>1-5%
Pilea pumila	Clearweed	FACW	VES	NO	н	2	>1-5%
Poa palustris	Fowl Bluegrass	FACW	VES	NO	н	1	> 0 - 1%
Rumex britannica	Great Water Dock	OBI	VES	NO	н	1	> 0 - 1%
Saaittaria latifolia	Broadleaf Arrowhead	OBL	VES	NO	н	2	> 1 - 5%
Schoenonlectus tabernaemontani	Softstem Bulrush	OBL	VES	NO	н	2	> 1 - 5%
Scirpus atrovirens	Green Bulrush	OBL	YES	NO	н	2	> 1 - 5%
Scirpus fluviatilis	River Bulrush	OBL	YES	NO	н	2	> 1 - 5%
Sparaanium eurvcarpum	Giant Bur Reed	OBL	YES	NO	Н	3	> 5 - 25%
Symphyotrichum puniceum	Red-stemmed Aster	OBL	YES	NO	н	1	> 0 - 1%
Thelypteris palustris	Northern Marsh Fern	FACW	YES	NO	н	2	> 1 - 5%
Tvpha angustifolia	Narrow-leaved Cattial	OBL	NO	YES	н	3	> 5 - 25%
Urtica dioica	Stinging Nettle	FAC	YES	NO	н	1	> 0 - 1%
Alnus incana	Speckled Alder	FACW	YES	NO	S	3	> 5 - 25%
Baptisia australis	False Indigo	FACW	YES	NO	s	1	> 0 - 1%
Cornus sericea	Red-osier Dogwood	FACW	YES	NO	S	3	> 5 - 25%
Franaula alnus	Glossy Buckthorn	FAC	NO	YES	S	3	> 5 - 25%
Salix bebbiana	Beaked Willow	FACW	YES	NO	S	3	> 5 - 25%
Salix petiolaris	Slender Willow	FACW	YES	NO	S	3	> 5 - 25%
Ulmus americana	American Elm	FACW	YES	NO	S	1	> 0 - 1%
Vitis riparia	Riverbank Grape	FAC	YES	NO	V	1	> 0 - 1%
Strata Key: V (Woody Vine), H (Herbaceous I	Layer), S (Saplings and Shrubs), T (Tre	ee)					

Figure 2. Charley Lake shore vegetation Relevé Area 1.0 survey data collection form.

#### RELEVÉ SURVEY AREA 2.0

PLANT COMMUNITY: Forest-Upland Deciduous (Hardwood) - Southern Dry-Mesic Oak Forest (MHs37)

Scientific Name	Common Namo	Indicator	Nativo	Invasivo	Strata	Cover Class	Court Class Panga
		FACU	VEC	Invasive	Juata	cover class	cover class hange
Achilled millefolium	Common Yarrow	FACU	YES	NO	н	1	> 0 - 1%
Ambrosia artemisiifolia	Common Ragweed	FACU	YES	NO	н	2	> 1 - 5%
Anaropogon gerarali	Big Bluestem	FACU	YES	NO	H	1	> 0 - 1%
Apocynum cannabinum	Indian Hemp	FAC	YES	NO	н	2	>1-5%
Arctium minus	Common Burdock	FACU	NO	YES	н	1	> 0 - 1%
Asclepias syriaca	Common Milkweed	UPL	YES	NO	н	2	> 1 - 5%
Bromus inermis	Smooth Brome	UPL	NO	YES	н	4	> 25 - 50%
Carex Lacustris	Lake Sedge	OBL	YES	NO	Н	3	> 5 - 25%
Dactylis glomerata	Orchard Grass	FACU	NO	NO	н	1	> 0 - 1%
Digitaria ischaemum	Smooth Crabgrass	FACU	NO	NO	Н	1	> 0 - 1%
Linaria vulgaris	Butter and Eggs	NI	NO	YES	Н	3	> 5 - 25%
Lotus corniculatus	Birds-foot Trefoil	FACU	NO	YES	Н	3	> 5 - 25%
Lythrum salicaria	Purple Loosestrife	OBL	NO	YES	Н	1	> 0 - 1%
Melilotus officianlis	Yellow Sweet Clover	FACU	NO	YES	H	1	> 0 - 1%
Onoclea sensibilis	Sensitive Fern	FACW	YES	NO	Н	1	> 0 - 1%
Persicaria pensylvanica	Pennsylvania Smartweed	FACW	YES	NO	Н	2	> 1 - 5%
Phalaris arundinacea	Reed Canary Grass	FACW	NO	YES	Н	2	> 1 - 5%
Phleum pratense	Timothy	FACU	NO	NO	Н	1	> 0 - 1%
Phragmites australis subsp. americanus	American Common Reed	FACW	YES	NO	н	2	> 1 - 5%
Plantago major	Common Plantain	FACU	NO	NO	н	2	> 1 - 5%
Poa pratensis	Kentucky Bluegrass	FACU	NO	YES	Н	2	> 1 - 5%
Silene latifolia	White Campion	NI	NO	NO	н	1	> 0 - 1%
Solidago canadensis	Canada Goldenrod	FACU	YES	NO	н	2	> 1 - 5%
Solidago hispida	Hairy Goldenrod	NI	YES	NO	Н	1	> 0 - 1%
Solidago rigida	Stiff Goldenrod	FACU	YES	NO	Н	1	> 0 - 1%
Sonchus oleraceus	Common Sowthistle	FACU	NO	NO	н	1	> 0 - 1%
Symphyotrichum laeve	Smooth Blue Aster	FACU	YES	NO	н	2	> 1 - 5%
Trifolium arvense	Rabbit-foot Clover	NI	NO	NO	Н	3	> 5 - 25%
Verbascum thaspsus	Common Mullein	UPL	NO	NO	Н	1	> 0 - 1%
Verbena hastata	Blue Vervain	FACW	YES	NO	н	1	> 0 - 1%
Cornus sericea	Red-osier Dogwood	FACW	YES	NO	S	3	> 5 - 25%
Rhus typhina	Staghorn Sumac	NI	YES	NO	S	3	> 5 - 25%
Rosa blanda	Smooth Wild Rose	FACU	YES	NO	S	2	> 1 - 5%
Salix interior	Sandbar Willow	FACW	YES	NO	S	3	> 5 - 25%
Ulmus pumila	Siberian Elm	FACU	NO	YES	S	1	> 0 - 1%
Ulmus americana	American Elm	FACW	YES	NO	Т	2	> 1 – 5%
Fraxinus pennsylvanica	Green Ash	FACW	YES	NO	Т	2	> 1 - 5%
Quercus rubra	Northern Red Oak	FACU	YES	NO	Т	1	> 0 - 1%
Parthenocissus quinquefolia	Virginia Creeper	FACU	YES	NO	V	3	> 5 - 25%
Solanum dulcamara	Bittersweet Nightshade	FAC	NO	NO	V	1	> 0 - 1%
Vitis riparia	Riverbank Grape	FAC	YES	NO	V	2	> 1 - 5%
							•
Strata Key: V (Woody Vine), H (Herbaceous I	ayer), S (Saplings and Shrubs	s), T (Tree)					

Figure 3. Charley Lake shore vegetation Relevé Area 2.0 survey data collection form.

<b>RELEVÉ SURVEY</b>	AREA 3.0
----------------------	----------

PLANT COMMUNITY: Forest-Upland Deciduous (Hardwood) - Southern Mesic Oak-Basswood Forest (MHs38)

Scientific Name	Common Name	Indicator	Native	Invasive	Strata	Cover Class	Cover Class Range
Anemone virginiana	Tall Thimbleweed	FACU	YES	NO	Н	1	> 0 - 1%
Arctium minus	Common Burdock	FACU	NO	YES	н	2	> 1 - 5%
Asclepias incarnata	Swamp Milkweed	OBL	YES	NO	н	1	> 0 - 1%
Bromus inermis	Smooth Brome	UPL	NO	YES	Н	3	> 5 - 25%
Calystegia sepium	Hedge Bindweed	FAC	YES	NO	н	2	> 1 - 5%
Carex blanda	Woodland Sedge	FAC	YES	NO	Н	1	> 0 - 1%
Carex lacustris	Lake Sedge	OBL	YES	NO	Н	1	> 0 - 1%
Carex pensylvanica	Penn Sedge	NI	YES	NO	Н	1	> 0 - 1%
Carex stipata	Awl-fruited Sedge	OBL	YES	NO	Н	2	> 1 - 5%
Centaurea stoebe	Spotted Knapweed	NI	NO	YES	Н	1	> 0 - 1%
Circaea lutetiana	Enchanter's Nightshade	NI	YES	NO	н	2	> 1 - 5%
Conyza canadensis	Canadian Horseweed	NI	YES	NO	Н	1	> 0 - 1%
Eurybia macrophylla	Large-leaved Aster	UPL	YES	NO	н	2	> 1 - 5%
Hackelia virginiana	Virginia Stickseed	FACU	YES	NO	Н	2	> 1 - 5%
Impatiens capensis	Jewelweed	FACW	YES	NO	Η	2	> 1 - 5%
Linaria vulgaris	Butter and Eggs	NI	NO	YES	н	2	> 1 - 5%
Lythrum salicaria	Purple Loosestrife	OBL	NO	YES	Н	1	>0-1%
Maianthemum racemosum	False Solomon's Seal	FACU	YES	NO	Η	2	> 1 - 5%
Phalaris arundinacea	Reed Canary Grass	FACW	NO	YES	Н	2	> 1 - 5%
Phleum pratense	Timothy	FACU	NO	NO	н	1	> 0 - 1%
Pilea pumila	Clearweed	FACW	YES	NO	Н	2	> 1 - 5%
Poa pratensis	Kentucky Bluegrass	FACU	NO	YES	Н	2	> 1 - 5%
Polygonatum biflorum	Smooth Solomon's Seal	FACU	YES	NO	Н	2	> 1 - 5%
Quercus macrocarpa	Bur Oak	FACU	YES	NO	Н	2	> 1 - 5%
Quercus rubra	Northern Red Oak	FACU	YES	NO	Н	2	> 1 - 5%
Solidago canadensis	Canada Goldenrod	FACU	YES	NO	н	2	> 1 - 5%
Toxicodendron rydbergii	Western Poison Ivy	FAC	YES	NO	н	1	> 0 - 1%
Cornus racemosa	Grey Dogwood	FAC	YES	NO	S	3	> 5 - 25%
Lonicera tatarica	Tartarian Honeysuckle	FACU	NO	YES	S	3	> 5 - 25%
Quercus macrocarpa	Bur Oak	FACU	YES	NO	S	2	> 1 - 5%
Ribes cynosbati	Prickly Gooseberry	FACU	YES	NO	S	2	> 1 - 5%
Rhamnus cathartica	Common Buckthorn	FAC	NO	YES	S	3	> 5 - 25%
Rubus idaeus	Red Raspberry	FACW	YES	NO	S	2	> 1 - 5%
Tilia americana	American Basswood	FACU	YES	NO	Т	2	> 1 - 5%
Betula papyrifera	Paper Birch	FACU	YES	NO	Т	1	> 0 - 1%
Celtis occidentalis	Hackberry	FAC	YES	NO	Т	1	> 0 - 1%
Fraxinus pennsylvanica	Green Ash	FACW	YES	NO	Т	2	> 1 - 5%
Juglans nigra	Black Walnut	FACU	YES	NO	Т	1	> 0 - 1%
Ostrya virginiana	Ironwood	FACU	YES	NO	T	1	> 0 - 1%
Populus deltoides	Eastern Cottonwood	FAC	YES	NO	T	2	> 1 - 5%
Quercus rubra	Northern Red Oak	FACU	YES	NO	T	2	> 1 - 5%
Salix nigra	Black Willow	OBL	YES	NO	T	1	> 0 - 1%
Tilia americana	American Basswood	FACU	YES	NO	Т	3	> 5 – 25%
Parthenocissus quinquefolia	Virginia Creeper	FACU	YES	NO	V	3	> 5 - 25%
Solanum dulcamara	Bittersweet Nightshade	FAC	NO	NO	V	2	> 1 - 5%
Vitis riparia	Riverbank Grape	FAC	YES	NO	V	3	> 5 - 25%
Strata Key: V (Woody Vine), H (Herbaceous	Layer), S (Saplings and Shrubs	s), T (Tree)					

Figure 4. Charley Lake shore vegetation Relevé Area 3.0 survey data collection form.



# Pleasant Charley Deep Subwatershed: Urban Stormwater Retrofit Analysis



Prepared for the Vadnais Lake Area Water Management Organization by: Ramsey Conservation District, December 2015

#### Pleasant Charley Deep Subwatershed: Urban Stormwater Retrofit Analysis

**Prepared for the VLAWMO by:** Andrea Prichard, Ramsey Conservation District

#### VLAWMO Staff:

Stephanie McNamara (Administrator)

Kristine Jenson (Program Manager)

Brian Corcoran (Water Resources Manager)

Vanessa Strong (Communications and Outreach Programs Manager)

#### **VLAWMO Board:**

Marc Johannsen (Vadnais Heights City Council Member) Chair of VLAWMO Board of Directors

Ed Prudhon (White Bear Township Board Member) Treasurer/Secretary of VLAWMO Board of Directors

Dan Jones (White Bear Lake City Council Member) Vice Chair of VLAWMO Board of Directors

Rob Rafferty (Lino Lakes City Council Member)

Robert Uzpen (Gem Lake Mayor)

Marty Long (North Oaks City Council Member)

Front Cover: Swans on Pleasant Lake Photograph by Kristine Jenson, VLAWMO Program Manager



## **Executive Summary**

This assessment identifies optimal locations for implementing cost-effective best management practices to improve environmental water quality in the Pleasant Charley Deep subwatershed of Ramsey County. These practices consist of general recommendations as well as *retrofits* to the existing drainage system to filter stormwater runoff, thereby reducing the amount of total phosphorus (TP) and total suspended solids (TSS) reaching the lakes. TP concentration, specifically, is a key indicator in whether a lake is considered impaired. Reducing TP will improve water quality for this important water management area. Charley and Pleasant Lakes form the start of the chain of lakes water supply for Saint Paul Regional Water Services, yet these lakes often exceed the MPCA standards in total phosphorus (MPCA EDA, 2014). Deep Lake (which drains into Pleasant Lake) bears even higher nutrient and sediment loads. This study was conducted with the objective of furthering clean water stewardship in line with the goals of the Vadnais Lake Area Water Management Organization (VLAWMO).

This subwatershed was divided into three catchments based on drainage to each of the three lakes: Pleasant Catchment, Charley Catchment and Deep Catchment. The catchments were then modeled using WinSLAMM software to determine base loading of TP and TSS. Based on initial results, two catchments (Charley and Pleasant) were prioritized for best management practice (BMP) retrofitting. After desktop and field analyses, 28 bioretention projects were identified, designed, and priced. Many additional recommendations for retrofits were also made for specific areas. Bioretention project areas were modeled for their capacity for pollutant reduction, and the final result is a ranked list of these projects in order of lowest cost per pound of phosphorus removed. Additional priority areas and alternative BMP recommendations are discussed in the Results sections of each catchment. Contaminant loading values and costs presented are estimates based on models and pricing for comparable projects. More detailed studies should be completed prior to the implementation of any individual project presented herein.

In the areas of North Oaks with underground stormwater infrastructure, bioretention systems (rain gardens) were found to be the most appropriate practice, given the predominantly low-density residential land use and the high infiltration rates of the native soil. While the institutional areas (school or church parking lots) have higher costs due to the larger sizes and extra construction costs, they also carry the benefits of greater pollution reduction, higher likelihood of appropriate maintenance, and stronger potential to raise awareness on clean water efforts due to their elevated visibility. Alternative BMPs suggested, such as bioswales, alum treatments and iron-enriched sand filters, are recommended in different areas without underground stormwater infrastructure.

This document includes background information, methods, assessment results, conclusions and recommendations. When implemented, these projects will help improve existing water quality, benefit the lake ecosystems, and enhance the quality of this important surface water drinking source that serves about 80% of the Ramsey County population. This is the final study in a series of Stormwater Retrofit Analyses for the VLAWMO region.

The following table, also found in the Results section, shows the estimated cost and modeled phosphorus and suspended solids removal for each of the bioretention retrofits proposed in this document. The map below shows the locations of each of these features as well as additional recommended retrofits and treatments for the Pleasant-Charley-Deep subwatershed.

ID	Catchment	Bioretent ion Type	TSS removed lb/year	TP removed lb/yr	BMP area ft2	Total Initial 2 Cost		Annual O&M		C rer	ost/lb P noved/yr (30 yr)
1	Pleasant	simple	205	0.641	300	\$	5,250	\$	225	\$	612
2	Pleasant	simple	405	1.228	300	\$	5,250	\$	225	\$	320
3	Pleasant	simple	340	1.002	300	\$	5,250	\$	225	\$	392
4	Pleasant	simple	367	1.077	300	\$	5,250	\$	225	\$	364
5	Pleasant	simple	163	0.484	300	\$	5,250	\$	225	\$	811
6	Pleasant	complex	722	1.291	1350	\$	50,625	\$	1,013	\$	2,065
7	Charley	complex	254	0.959	900	\$	33,750	\$	675	\$	1,853
8	Charley	complex	415	1.259	300	\$	11,250	\$	225	\$	471
9	Charley	complex	507	1.1313	300	\$	11,250	\$	225	\$	524
10	Charley	complex	464	1.432	300	\$	11,250	\$	225	\$	414
11	Charley	complex	514	1.144	300	\$	11,250	\$	225	\$	518
12	Charley	complex	143	0.463	300	\$	11,250	\$	225	\$	1,280
13	Charley	complex	187	0.629	300	\$	11,250	\$	225	\$	942
14	Charley	simple	99	0.379	300	\$	5,250	\$	225	\$	1,036
15	Charley	simple	111	0.368	300	\$	5,250	\$	225	\$	1,067
16	Charley	moderate	197	0.444	300	\$	9,750	\$	225	\$	1,222
17	Charley	moderate	73	0.226	300	\$	9,750	\$	225	\$	2,400
18	Charley	moderate	152	0.508	300	\$	9,750	\$	225	\$	1,068
19	Charley	moderate	85	0.262	300	\$	9,750	\$	225	\$	2,071
20	Charley	moderate	126	0.421	300	\$	9,750	\$	225	\$	1,289
21	Charley	complex	180	0.607	300	\$	11,250	\$	225	\$	976
22	Charley	moderate	219	0.751	300	\$	9,750	\$	225	\$	722
23	Charley	complex	196	0.664	300	\$	11,250	\$	225	\$	892
24	Charley	moderate	286	0.812	300	\$	9,750	\$	225	\$	668
25	Charley	complex	184	0.618	300	\$	11,250	\$	225	\$	959
26	Charley	simple	374	1.279	300	\$	5,250	\$	225	\$	307
27	Charley	complex	384	1.195	300	\$	11,250	\$	225	\$	496
28	Charley	moderate	515	1.43	300	\$	9,750	\$	225	\$	379



Pleasant Charley Deep Subwatershed: Urban Stormwater Retrofit Analysis

## Table of Contents

Executive Summary	3
Introduction	8
Methods	12
Retrofit Scoping	12
Desktop Retrofit Analysis	
Retrofit Reconnaissance Investigation	
Treatment Analysis/Cost Estimates	
Retrofit Neighborshed Delineation	13
Retrofit Modeling & Sizing	14
Retrofit Types	14
Retrofit Cost Estimates	15
Results	16
Catchment Comparison	16
Catchment Results	16
Charley Lake Catchment	19
Pleasant Lake Catchment	
Deep Lake Catchment	
Conclusions and Recommendations	34
Appendix A	36
WINSLAMM modeling parameters and files used in the assessment	
WINSLAMM Standard Land Use Codes	
Appendix B	
References	40



Figure 1. Boundary of Pleasant Charley Deep Subwatershed within VLAWMO boundary. Northern Ramsey County, MN

## Introduction

The Pleasant Charley Deep (PCD) subwatershed is a 3250 - acre area located in north central Ramsey County, Minnesota (Figure 1), based on a unit of the Department of Natural Resource's Level 8 hydrologic catchment area. With the private community of North Oaks comprising the entirety of the subwatershed, most of the land in the PCD watershed is composed of low-density residential land use, and only one section of one street (Wildflower Way) has right-of-way status, as it provides access to the entry point of pumped Mississippi River water into Charley Lake (used as a drinking water source for St. Paul). Figure 2 shows a schematic of the St. Paul surface water supply system.

It should be noted that the PCD watershed is not a hydrologically closed system. The pollutant base loading reported in this document is based on modeled results from WinSLAMM software, which considers only surface runoff within the catchment boundaries to model TP and TSS loading. However, it must be taken into account that there are additional sources of this pollution – namely, the Mississippi River and Wilkinson Lake. For reference, the amount of river water pumped annually by St Paul Regional Water Services into Charley Lake is roughly ten times the amount of Charley Catchment's annual rainfall, or enough water to completely replace the lake's storage every 1-3 days, depending on the variable pumping rate.

The water pumped from the Mississippi River to Charley Lake has a phosphorus load over twice the standard for deep lakes (the river water averages 85  $\mu$ g/L of TP at its point of entry, where the deep lake standard is 40  $\mu$ g /L for Charley Lake) (SPRWS, 2015). Though rates fluctuate greatly, an average of about 30 million gallons of water from the Mississippi River is pumped into Charley Lake every day by way of an 8-mile pipe conveying water from the station at Fridley (SPRWS, 2015). By the time the water reaches Charley Lake's outlet, the phosphorus load is reduced to an average of 69  $\mu$ g/L, but it still exceeds the standard as it pours into Pleasant Lake (MPCA EDA, 2014). See Figure 3 for a glimpse of average TP concentrations in the regularly measured water bodies involved the PCD subwatershed's hydrology.



Figure 2. Saint Paul Supply System Schematic (Metropolitan Council, 2014).



Figure 3. Average Total Phosphorus values and associated shallow or deep MPCA standards for PCD Lakes and Wilkinson Lake. Mississippi River TP values were measured at the Fridley Pump Station, from which water is conveyed to Charley Lake. Water generally flows toward the south in this map.

Another external source of TP into the PCD watershed is Wilkinson Lake, which flows into Deep Lake, which in turn flows into Pleasant Lake via a system of canals. As seen in Figure 3, Wilkinson and Deep Lakes have phosphorus levels exceeding the shallow lake standard ( $60 \mu g/L$ ), reaching double the standard at their outlet points (MPCA, 2015 and SPRWS, 2005). These external sources of turbidity and nutrients could account for discrepancies between the low pollutant outputs modeled for the PCD subwatershed in WinSLAMM and the relatively high pollutant levels measured in the lakes. Internal loading of phosphorus from sediment accumulated at lake bottoms is another likely factor in some elevated TP measurements.

Pollutant modeling in this analysis is based on surface runoff within catchment boundaries. The PCD subwatershed is characterized largely by low density residential land use (49%), water bodies (23%), and undeveloped or green spaces (26%). Contaminant loading is relatively small with such low-impact land use. The predominant soil type in the area is loamy fine sand, which is beneficial for rain gardens and other stormwater BMPs due to its high infiltration rate.



While only Pleasant Lake is listed as impaired for nutrients and eutrophication (according to the 2014 MPCA Proposed TMDL list), all lakes frequently exceed MPCA lake standard levels for TP, and water quality monitoring for Deep and Charley Lakes indicates that they, too, could be considered impaired. The MPCA Water Quality Summaries for Deep and Charley Lakes state insufficient data to determine their recreational or fish consumption impairment, but the Trophic State Indices, based on about 40 samples, eutrophic hypereutrophic reveal and conditions. Deep's overall Trophic State Index (TSI) is listed as 64, the same value as Wilkinson Lake, which is listed as impaired.

Charley's overall TSI is listed at 57, which is greater than Pleasant Lake (56), which is also listed as impaired (MPCA EDA, 2014).

Table 1 shows average values of TP as provided by the St Paul Regional Water Services and the MPCA EDA website in the three subwatershed lakes as well as Wilkinson Lake and the Mississippi River at the Fridley Pump Station, from where it is pumped to Charley Lake. The MPCA standards listed below are for lakes in the CHF ecoregion (MPCA, 2014). In general, the SPRWS dataset has higher phosphorus readings, which is likely due to their deeper sampling location and sampling position near the lake's outlet.

Table 1. Average TP values. Values were averaged from datasets provided by the St Paul Regional Water Services and the Minnesota Pollution Control Agency Environmental Data Access website. The MPCA Standard is 40  $\mu$ g/L for deep lakes (over 15ft maximum depth) and 60  $\mu$ g/L for shallow lakes. All datasets were subject to a TrimMean of 5% to reduce the impact of extreme outliers (possible errors). \*MPCA's Pleasant dataset was averaged after the removal of the 5 extreme outliers over the first standard deviation (a 5% TrimMean would have resulted in the value 229).

Comulias	Total Phosphorus (μg/L) - Averages from MPCA and SPRWS Sources								
Location	MPCA Standard	MPCA	Sampling Period (May-September)	Sampling Period (Year-Round)					
Wilkinson	60	103	1998-2014	132	1997-2005				
Deep	60	112	1985, 2009-2014	125	1984-1994				
MS River	-	-	-	85	1984-2011				
Charley	40	69	1985, 2009-2014	83	1984-2005				
Pleasant	40	87*	1979,1985, 2010-2011	58	1984-2010				

Values subjected to a 5% TrimMean to remove extreme outliers.

\*MPCA's Pleasant dataset was averaged after the removal of the 5 extreme outliers over the first standard deviation.

Table 2 lists TSS loading at the outlets of the PCD lakes and in the Mississippi River at the Fridley Pump Station.

Sampling Location	TSS (mg/L) - Averages from SPRWS Sampling								
	Typical values for ecoregion	TSS (mg/L)	Sampling Period (Year-Round)						
Deep	2-6	16.48	1984-1994						
<b>MS River</b>	4.8-16	15.81	1984-2005						
Charley	2-6	14.18	1984-1998						
Pleasant	2-6	6.44	1984-1998						

Table 2. Average TSS values. Values were averaged from St Paul Regional WaterServices monitoring data from 1984-2005 (individual lakes vary). All datasetswere subject to a TrimMean of 5% to reduce the impact of extreme outliers

Typical values for North Central Hardwood Forest ecoregion from MPCA EDA, 2015 SPRWS TSS values subjected to a 5% TrimMean to remove extreme outliers.

Within each of the three catchments, runoff flows to the corresponding lake after first passing through ditches, stormwater ponds or wetlands; in some areas of Charley and Pleasant catchments, runoff is conveyed instead through stormwater infrastructure. Charley and Deep Lakes are classified as Eutrophic Grade C and C-, respectively, indicating anoxic hypolimnia and problems with algal scum and macrophytes (VLAWMO, 2014). Improving water quality within this important chain of lakes drinking supply area is what prompted this study. Specifically, the objectives are to reduce:

Total Phosphorus (TP): a nutrient that can contribute to the eutrophication of surface water bodies

**Total Suspended Solids (TSS)**: particles suspended (not dissolved) in water that can cause turbidity and harm aquatic life

## **Methods**

In this analysis, the methods used were based on models developed by the Center for Watershed Protection. In summary, these investigative methods include Retrofit Scoping, Desktop Retrofit Analysis, Retrofit Reconnaissance Field Investigation, and Retrofit Ranking. After these methods were completed, a Treatment Analysis based on cost estimates was conducted for most retrofits. A summary of the methods used is described below.

#### **Retrofit Scoping**

The subwatershed was divided into three catchments - one per lake - based on drainage boundaries (Figure 5). Each catchment was then analyzed using standard land use files in WinSLAMM software to determine a base load of TP and TSS. The WinSLAMM parameters and standard land use files used can be seen in Appendix A. These base loads were used to identify and prioritize catchments with a greater pollutant load for retrofits. For consistency with previous studies conducted with VLAWMO, neither streetsweeping nor small-scale BMPs were taken into account during the base load modeling, although North Oaks does sweep streets once per year. The natural treatment system consisting of a network of wetlands and stormwater ponds was, however, taken into account via elimination from the model as pollution sources. This land cover, with its associated soil classification of muck, is a



Figure 5. Division of subwatershed into 3 lake catchments

natural filter and sink for pollutants, and WinSLAMM does not account for this soil type. For this reason, the acres of wetland classified as muck soil were removed from the model, thus reducing the overall base loads in all catchments. All steps used to calculate the base load modeling were done consistently for all three catchments so that an overall precise comparison could be made between them. More precise pollutant loads for each retrofit opportunity found within the drainage areas are presented below in the results.

#### **Desktop Retrofit Analysis**

A desktop search for potential retrofit locations was conducted for each catchment to identify potential retrofit opportunities. GIS layers including land use, elevation, soils, hydrologic boundaries, cadastral

information, high-resolution aerial photography, water quality data, and storm drainage infrastructure were reviewed to determine potential retrofit placement.

Many BMP retrofits in this study were concentrated around areas with stormwater infrastructure in order to intercept urban runoff before entering untreated into underground stormwater conveyance systems. In other areas, BMPs were suggested to treat water in or before entering lakes or stormwater ponds. Due to the Deep Catchment's plethora of stormwater BMPs and wetlands and its low base contaminant load, land-based BMP retrofits were prioritized in Pleasant and Charley catchments. Since Deep Lake has high internal phosphorus loading, however, treatment is recommended for the lake itself.

## **Retrofit Reconnaissance Investigation**

After identifying potential retrofit sites through the desktop search, a field investigation was conducted to evaluate previously identified sites, identify additional sites, and determine the type of BMP. During the investigation, the drainage area and stormwater infrastructure mapping data were verified. All roads in the study area were driven. Site constraints were assessed to determine the most feasible retrofit options as well as to eliminate unfeasible sites from consideration. At this stage, some shoreline restoration options were discarded due to lack of public access. The North Oaks Homeowners Association does, however, spend around \$30,000 annually on shoreline preservation projects, and many additional shoreline restoration projects are on their priority list (NOHOA, 2015). New housing developments were visited and their Stormwater Pollution Prevention Plans were reviewed.

## **Treatment Analysis/Cost Estimates**

## **Retrofit Neighborshed Delineation**

After the retrofit sites were identified, the bioretention basins' individual drainage areas or "neighborsheds," consisting of runoff from surrounding streets, buildings, and landscaped areas were delineated using GIS and contour data. See an example in Figure 6. This information, in conjunction with land cover and NRCS soil survey data, was used to model the pollutant loads from these sites. The neighborshed acreage was entered into the WinSLAMM program along with its corresponding land use



Figure 6. An example neighborshed and the source areas that are entered into WinSLAMM

and soil type. To maintain consistency, all standard file data used in WinSLAMM, listed in Appendix A, was the same for each site modeled.

#### **Retrofit Modeling & Sizing**

Appropriate retrofits were identified and customized, depending on the neighborshed size, the soil type, the type of infrastructure present, and the slope of the retrofit area. The retrofit/treatment types identified include: swales, alum treatment, iron-enhanced sand filtration, shoreline restoration, bank stabilization, and bioretention. The majority of residential bioretention BMPs modeled were sized at 300 square feet due to the space afforded by the low-density residential area and the capacity to treat large amounts of stormwater. Designs and sizes may vary, depending on the individual sites and homeowner's preferences. Bioretention retrofits were then entered into each neighborshed WinSLAMM model to determine their capability to reduce TP and TSS for the given area. Many suggested BMPs were not modeled at this time, since they do not fit WinSLAMM models or they occur in unfinished construction sites where newly graded soils do not match Digital Elevation Model data available.

#### **Retrofit Types**

<u>Swales – Grassed or Bioswales</u> This practice is primarily used for treatment of surface runoff before it reaches a water body. It consists of a vegetation-filled drainage course with gently sloping sides, often accompanied by check dams and/or rain gardens to assist the vegetation in slowing flow, increasing infiltration, and improving removal of pollutants from stormwater. This BMP is a good option in parts of North Oaks where mowed grass ditches are the primary form of stormwater conveyance.

<u>Alum treatment (Aluminum Sulfate)</u> This chemical treatment is used for water bodies such as ponds or small lakes in order to precipitate out phosphorus, rendering it unavailable for algae, and thus improving water clarity as it reduces total phosphorus. This treatment is most effective in water bodies with predominantly internal nutrient loading.

<u>Iron-enhanced sand filtration</u> This can be used either as a separate BMP or as a retrofit to an existing stormwater pond, as it is presented in this assessment. While the filter itself can take many forms, the basic principle is that iron filings are mixed in with sand to make a porous medium. As stormwater filters through, phophates and other dissolved constituents bind with the iron, and are thus removed from the water. This is a successful technique for reducing phosphorus levels, but it requires maintenance and must not be submerged underwater for long periods of time.

<u>Shoreline restoration</u> This is appropriate along degraded shorelines of Pleasant, Charley, and Deep Lakes. The process largely consists of establishment or maintenance of a native vegetation buffer along the shoreline to filter runoff and prevent wave erosion.

<u>Bank stabilization</u> This practice is particularly appropriate along the canals connecting the lakes. Depending on the force of flow and the level of bank erosion, stabilization may consist of native plug or live stake planting of shrubs, trees, or other vegetation with strong roots. In cases with higher flows and severe undercutting, regrading, riprap, and other reinforcement may be needed in conjunction with vegetation.

<u>Bioretention</u> This type of retrofit is effective at intercepting stormwater runoff for treatment before entering stormwater conveyance systems. A bioretention basin, also referred to as a rain garden, consists of a depression utilizing native soils or engineered soils (depending on the infiltrative capacity of the soil),

along with native vegetation. An underdrain with connection to the existing storm sewer system is recommended if infiltration capability is limited by underlying soils or soil compaction. It is important to properly design and install the engineered soils so that the bioretention basins take no less than 24 hours to drain but no more than 48 hours, so the underdrain can be installed with a plug that can be removed in the event of poor drainage. The bioretention basins in this study fall within the categories listed below:

- <u>Simple Bioretention</u> Includes engineered soils, native vegetation, and an underdrain. No concrete work necessary.
- <u>Moderately Complex Bioretention</u> Includes engineered soils, native vegetation, engineered soils, an underdrain, a curb cut, and a forebay. No retaining wall necessary.
- <u>Complex Bioretention</u> Includes engineered soils, native vegetation, underdrain, a curb cut, a forebay, a retaining wall with sand/rock columns.

A schematic of the bioretention basin and example modeling parameters used within WinSLAMM can be seen in Appendix B.

## **Retrofit Cost Estimates**

Costs were not estimated for all retrofit types due to time, access, or data restrictions, but all proposed bioretention features were modeled, with associated cost estimates listed in sections below. Each was assigned an estimated materials, design, and installation cost given its ft<sup>2</sup> of treatment. These cost estimates were derived from recent installation costs provided by design and construction professionals, updated in December of 2015. A cost-per-lb of TP removed was then calculated for the 30-year life cycle of each retrofit, using the (total 1<sup>st</sup> year cost + 29 years \* annual maintenance) / (30 year \* TP removed (lb/yr)). This value was used for the cost-benefit ranking of the retrofits. Costs will vary depending on contractor, selected materials, slope and soils of the land, and other variables. Total first year cost used in calculations was the midpoint between the Lower and Upper Range costs seen in Table 3.

Average BMP Design and Installation Estimates, December 2015									
Lower Range (\$/ft <sup>2</sup> )	Upper Range (\$/ft2)								
\$15.00	\$20.00								
¢20.00	¢25.00								
\$30.00	\$35.00								
	Lower Range (\$/ft <sup>2</sup> ) \$15.00 \$30.00								

#### Table 3. Average Bioretention BMP Cost Estimates, revised December 2015

Note: Estimate does not include 30-year Operation & Maintenance Cost

## **Results**

## **Catchment Comparison**

The three catchments and their total modeled TP and TSS base loads from surface runoff are listed in Table 4 below. This information was used in prioritizing catchments for retrofit installation. While Charley and Pleasant catchments have similar values for pounds of pollutants/acre, Deep catchment has lower values in both TP and TSS, so it received less priority in the retrofit assessment for surface runoff retrofits. Furthermore, much of Deep catchment is a natural resource area or preserve (Metropolitan Council, 2010), and the Rapp Farms housing development (currently under construction) has excavated an extensive system of stormwater ponds to pre-treat their surface runoff. For these reasons, recommendations in the Deep Catchment pertain specifically to Deep Lake and its canals to treat internal loading, while more extensive retrofits were proposed in the Pleasant and Charley Catchments.

Drainage Area	Acres	Total TP lbs/ Year	TP Ibs/Acre/Year	Total TSS lbs/ Year	TSS Ibs/Acre/Year
Pleasant	1844	315	.17	74,297	40.30
Charley	728	133	.18	35,803	49.17
Deep	678	98	.14	19,520	28.78

Table 4. Base loads for Pleasant, Charley, and Deep catchments, as modeled in WinSLAMM

## **Catchment Results**

The following section shows results per catchment, including maps and tables showing retrofit locations and the TP and TSS reduction per retrofit. Maps include detailed retrofit locations as well as an overview map (Figure 7) to show all proposed retrofits within the subwatershed area.



Figure 7. Map of proposed retrofits and BMP sites in Pleasant Charley Deep subwatershed.

Below is a guide to the column headings for Table 5's retrofit summary:

- ID a unique site ID number per proposed retrofit
- Catchment hydrologic division of land whose water flows in toward the lake
- Bioretention Type Simple, Moderately Complex, or Complex bioretention BMP
- TSS Removed the Total Suspended Solids removed by the retrofit (lb/year)
- TP Removed the Total Phosphorus removed by the retrofit (lb/year)
- BMP area proposed size of modeled retrofit (square feet)
- Total Initial cost- cost estimates of materials, labor, and design for 1<sup>st</sup> year implementation
- Annual O & M estimated Operation & Maintenance cost per year (30 year term)
- Cost/lb P Removed/yr Cost per pound of TP removed in the 30 year life span. Retrofits are
  ranked from lowest to highest by this number in results tables found in catchment results
  below.

ID	Catchment	Bioretent ion Type	TSS removed Ib/year	TP removed lb/yr	BMP area ft2	Total Initial Cost		A	nnual D&M	C rer	ost/lb P noved/yr (30 yr)
1	Pleasant	simple	205	0.641	300	\$	5,250	\$	225	\$	612
2	Pleasant	simple	405	1.228	300	\$	5,250	\$	225	\$	320
3	Pleasant	simple	340	1.002	300	\$	5,250	\$	225	\$	392
4	Pleasant	simple	367	1.077	300	\$	5,250	\$	225	\$	364
5	Pleasant	simple	163	0.484	300	\$	5,250	\$	225	\$	811
6	Pleasant	complex	722	1.291	1350	\$	50,625	\$	1,013	\$	2,065
7	Charley	complex	254	0.959	900	\$	33,750	\$	675	\$	1,853
8	Charley	complex	415	1.259	300	\$	11,250	\$	225	\$	471
9	Charley	complex	507	1.1313	300	\$	11,250	\$	225	\$	524
10	Charley	complex	464	1.432	300	\$	11,250	\$	225	\$	414
11	Charley	complex	514	1.144	300	\$	11,250	\$	225	\$	518
12	Charley	complex	143	0.463	300	\$	11,250	\$	225	\$	1,280
13	Charley	complex	187	0.629	300	\$	11,250	\$	225	\$	942
14	Charley	simple	99	0.379	300	\$	5,250	\$	225	\$	1,036
15	Charley	simple	111	0.368	300	\$	5,250	\$	225	\$	1,067
16	Charley	moderate	197	0.444	300	\$	9,750	\$	225	\$	1,222
17	Charley	moderate	73	0.226	300	\$	9,750	\$	225	\$	2,400
18	Charley	moderate	152	0.508	300	\$	9,750	\$	225	\$	1,068
19	Charley	moderate	85	0.262	300	\$	9,750	\$	225	\$	2,071
20	Charley	moderate	126	0.421	300	\$	9,750	\$	225	\$	1,289
21	Charley	complex	180	0.607	300	\$	11,250	\$	225	\$	976
22	Charley	moderate	219	0.751	300	\$	9,750	\$	225	\$	722
23	Charley	complex	196	0.664	300	\$	11,250	\$	225	\$	892
24	Charley	moderate	286	0.812	300	\$	9,750	\$	225	\$	668
25	Charley	complex	184	0.618	300	\$	11,250	\$	225	\$	959
26	Charley	simple	374	1.279	300	\$	5,250	\$	225	\$	307
27	Charley	complex	384	1.195	300	\$	11,250	\$	225	\$	496
28	Charley	moderate	515	1.43	300	Ś	9,750	Ś	225	Ś	379

#### Table 5. Results for the 28 proposed bioretention retrofits

A size of 300 ft<sup>2</sup> was determined to be appropriate for rain gardens in this residential area, maximizing the benefit of runoff treatment without excessive encroachment on homeowners' lawns. Sizes and designs may be adapted to individual properties.

#### **Charley Lake Catchment**

#### DESCRIPTION

The elongated Charley Lake catchment has a more newly developed western half, near Hodgson Rd, and an eastern half that is mostly undeveloped or natural preserve, with some single family homes in forested areas bordering the Pleasant Lake catchment. This catchment is unique in that it is the direct recipient for pumped Mississippi River water, at the northwest corner of the lake.



Figure 8. This September 2013 image shows algal blooms at the outlets of both Charley Lake Preserve's construction site, and at the Stormwater Pond Outlet for lawn runoff from homes at Peterson & Wildflower roads.

Charley Catchment Base Load						
Acres	728.2					
TP (lbs/yr)	133					
TP(lbs)/Acre/Yr	0.18					
TSS (lbs/yr)	35,803					
TSS(lbs)/Acre/Yr	49.17					

At the southern tip of the catchment, Chippewa Middle School and Peace United Methodist Church comprise the institutional land use. Both have runoff that largely drains west to Hodgson Rd's stormwater infrastructure, though one retrofit was identified for a section of school property that drains inward toward Charley Lake.

Just south of Charley Lake, a new housing development called Charley Lake Preserve is currently being completed. The full-turf lawns and ditches of this neighborhood are a departure from North Oaks' more traditional, wooded residential areas, and the increased runoff from those lawns and ditchesparticularly the acres that drain to Charley Lake – create opportunities for BMPs to reduce runoff and treat water before entering the lake, particularly with the high amounts of lawn clippings and fertilizers of the runoff and the minimal treatment the water receives before entering the lake.

To the west and north of Charley Lake, there is a range of single and multi-family homes with a mix of turf lawns and trees. The runoff from these homes enters stormwater ponds by way of stormwater infrastructure. Water from the stormwater ponds enters Charley Lake after passing through canals, providing some level of treatment. Nevertheless, water entering Charley Lake from the stormwater pond outlet provides phosphorus and other nutrients to Charley Lake, prompting algal blooms (see Figure 8). A great concentration of suggested retrofits is found in this area of the catchment, where stormwater can be intercepted before it reaches the stormwater conveyance infrastructure.

The Mississippi River canal entering Charley Lake, while stabilized, should be monitored regularly for needed maintenance due to the high flow passing through this confined area. In areas of undercutting and erosion, additional riprap can be added to the channel with native plantings and perennials to help stabilize the banks.

The soils within the area where retrofit opportunities were identified consists of loamy fine sand with the exception of Chippewa Middle School, where the soil is loam.

#### **RETROFIT RECOMMENDATION**

Charley Lake has a diverse mix of retrofit recommendations, comprised of swales, bioretention, bank stabilization, iron enhanced sand filters, and alum treatment. This is due to the diversity of stormwater conveyance methods and loading sources to Charley Lake. To contrast two housing developments, for instance, the residential area northwest of Charley Lake uses catch basins and underground stormwater infrastructure before eventual outlet to the lake, so rain gardens (bioretention) of various complexity are recommended for this area to intercept polluted stormwater for treatment before it goes underground. South of Charley Lake, however, mowed turf ditches are the stormwater conveyance path, affording opportunities to reduce and treat stormwater in the ditch itself, with a larger 'neighborshed' of all the runoff uphill of it.

In the northeast parking lot of Chippewa Middle School, a complex bioretention retrofit is proposed for water draining toward Charley Lake. In Retrofit #7, four parking spots would be removed to create a raingarden to reduce runoff causing a gully just north of the site (Figure 9).



Figure 9. Location for retrofit 7 (left). Proposed removal of 4 parking lots and installation of rain garden to treat Chippewa Middle School runoff currently causing gully formation (right).

Due to the large turnover of fast-moving water in Charley Lake, internal loading is far outweighed by the external loading of nutrients from the Mississippi River water, in addition to nutrients contributed by

runoff from neighboring residential areas. The stormwater ponds that hold runoff before discharge into Charley Lake could benefit from retrofits as well, as discussed below.

In the residential areas north and west of Charley Lake, the stormwater ponds and canals have adequate vegetative buffers, so the external phosphorus loading can be reduced at the street level – by using BMPs such as rain gardens to filter lawn runoff before it enters the ponds. Internal phosphorus loading of the stormwater ponds themselves can be reduced through BMPs such as dredging or aluminum sulfate treatments.

To the south of the lake, there is little space between Charley Lake and the outlet for 28.5 acres of drainage of the new housing development, Charley Lake Preserve. A review of the SWPPP of the NURP pond designed to slow runoff before entering the lake showed that only runoff for ½ inch of rain would be detained, and all additional water would flow directly to the lake without settling out. For this reason, we have several recommendations for Charley Lake Preserve to improve treatment and reduce erosion at the outlet point as well as to improve treatment and reduce runoff in the neighborhood before the water reaches the pond.

Though the stormwater pond cannot be thoroughly evaluated until construction is complete, initial assessment shows room for improvement in its effectiveness. The North Oaks Homeowners Association noticed overflow of the stormwater pond, causing erosion on the footpath between the pond and the lake (NOHOA, 2015). The design should only permit overflow in 100-year precipitation events, so the capacity of the pond could be enhanced. Native plantings would improve stabilization and enhance infiltration and evapotranspiration of stormwater. Even with the stormwater pond functioning as designed, there is little phosphorus removal for the 28 acres of runoff that are directed toward it, so an additional BMP would be very helpful in reducing algal blooms at the outlet of this stormwater pond into the lake.



Figure 10. Location for proposed iron enriched sand filter. Filter can take form of a bench in the Charley Lake Preserve stormpond (left) or as an installation in the rip-rap at the outlet (right).

A very effective retrofit for the stormwater pond would be an iron-enhanced sand filter that could either be placed within the stormwater pond as a bench feature, or positioned at the outlet in the rip-rap area before draining to Charley Lake. Iron-enhanced sand filters have high pollutant removal rates for removing phosphates from water, often used in conjunction with existing ponds to improve the quality of impaired water (MPCA, 2015).



Figure 11. (Left) Charley Lake Preserve's hydrologic divide between runoff flowing southeast toward Pleasant Catchment and the 28.5 acres of urban runoff flowing north toward the Charley Stormwater Pond. (Right) A typical mowed tuf-lined ditch in the Charley Lake Preserve housing development.

In the Charley Lake Preserve development, turf-lined ditches are the stormwater conveyance method for the 28.5 acres of developed land that drain to the NURP pond. Since mowed grass is a leading contributor of phosphorus to stormwater, we suggest implementation of one or a combination of the following measures to decrease this nutrient loading:

- Stop or reduce mowing of the ditches
- Convert ditches to grassed swales or bioswales with periodic check dams to reduce/retard water flow
- Strategically place rain gardens in ditches to capture and infiltrate water before it reaches the stormwater pond.

These BMPS are meant to slow the rate of stormwater conveyance, reduce or filter pollutants, and promote stormwater infiltration. Design, modeling, and placement for these BMPs can be determined once the new elevation data is available for analysis.

In addition, homeowners can take the following measures to improve lake water quality:

- If using lawn fertilizers, only use phosphorus-free varieties
- Use lawnmowers with bags to collect grass-clippings
- Reduce or stop mowing the ditch in front of their homes

The neighborhood in the northwest corner of the Charley catchment was identified as a potential location for multiple clusters of bioretention cells of varied complexity. The retrofits along Lake Court and Charley Lake Court (Sites 8-15) should receive higher priority than the other bioretention sites in this catchment (Sites 16-28) since the latter are located near stormwater ponds intended to provide some level of pretreatment. Site 26, however, should also receive priority because it is an industrial lot, where piles of salt are stored for street-salting; the simple raingarden proposed at that lot's outlet could feature salt-tolerant vegetation which would purify and reduce the salinity of the water before entering the canals leading to Charley Lake. If all 22 bioretention cells are installed in this catchment, it is modeled that 17.0 lbs of TP and 5,665 lbs of TSS would be filtered out per year, resulting in a 12.8% and 15.8% decrease, respectively, from the base load at total project cost of \$240,000, not including annual maintenance.

See table and maps below for specific results.

ID	Bioretent ion Type	TSS removed lb/year	TP removed lb/yr	BMP area ft2	Tot	al Initial Cost	Annual O&M	Co ren	ost/lb P noved/yr (30 yr)
28	moderate	515	1.43	300	\$	9,750	\$ 225	\$	379
26	simple	374	1.279	300	\$	5,250	\$ 225	\$	307
8	complex	415	1.259	300	\$	11,250	\$ 225	\$	471
10	complex	464	1.432	300	\$	11,250	\$ 225	\$	414
27	complex	384	1.195	300	\$	11,250	\$ 225	\$	496
11	complex	514	1.144	300	\$	11,250	\$ 225	\$	518
9	complex	507	1.1313	300	\$	11,250	\$ 225	\$	524
24	moderate	286	0.812	300	\$	9,750	\$ 225	\$	668
22	moderate	219	0.751	300	\$	9,750	\$ 225	\$	722
23	complex	196	0.664	300	\$	11,250	\$ 225	\$	892
13	complex	187	0.629	300	\$	11,250	\$ 225	\$	942
25	complex	184	0.618	300	\$	11,250	\$ 225	\$	959
21	complex	180	0.607	300	\$	11,250	\$ 225	\$	976
14	simple	99	0.379	300	\$	5,250	\$ 225	\$	1,036
15	simple	111	0.368	300	\$	5,250	\$ 225	\$	1,067
18	moderate	152	0.508	300	\$	9,750	\$ 225	\$	1,068
16	moderate	197	0.444	300	\$	9,750	\$ 225	\$	1,222
12	complex	143	0.463	300	\$	11,250	\$ 225	\$	1,280
20	moderate	126	0.421	300	\$	9,750	\$ 225	\$	1,289
7	complex	254	0.959	900	\$	33,750	\$ 675	\$	1,853
19	moderate	85	0.262	300	\$	9,750	\$ 225	\$	2,071
17	moderate	73	0.226	300	\$	9,750	\$ 225	\$	2,400

Table 6. Ranked bioretention retrofits for Charley Lake catchment



Figure 12. Proposed retrofit locations for the area south of Charley Lake (7-11)



Figure 13. Retrofit locations for the area northwest of Charley Lake (12-28)

#### **Pleasant Lake Catchment**

#### DESCRIPTION

The majority of this catchment is composed of low-density residential land use, with small institutional, recreational, and undeveloped portions. Water enters Pleasant Lake via canals from Deep Lake and Charley Lake, as well as from a large number of wetland drainage areas. Much of the area directly surrounding Pleasant Lake around the north and east is composed of wetlands, serving as a natural buffer and barrier for pollutants. The peninsula in the northwest section of the catchment could have potential for shoreline restoration BMPs, but

Pleasant Catchment Base Load						
Acres	1843.5					
TP (lbs/yr)	315					
TP(lbs)/Acre/Yr	0.17					
TSS (lbs/yr)	74,297					
TSS(lbs)/Acre/Yr	40.30					

lack of access to the private shoreline prohibited the field investigation of practices currently in place protecting the lake in this area. Nevertheless, NOHOA had identified existing needed shoreline restoration sites that are included in the retrofit recommendations below.

The only stormwater infrastructure in this catchment is located in the southwest corner, and rather than curb cuts, the drainage is mostly beehive storm drains in depressions from curb-less road areas. For this reason, simple bioretention retrofits were proposed. To the west, Hodgson Road marks the catchment boundary. Two additional BMPs were considered at the entrances to the Incarnation Lutheran Church on Hodgson Rd but were discarded because the stormwater does not drain into Pleasant Lake. The soils within the area where retrofit opportunities were identified consist of loamy fine sand which would allow for simple bioretention if found to not be compacted or polluted.



In 2013, an oxygenation system with branches in the east and west sides of Pleasant Lake was installed with the objective of improving water quality and reducing phosphorus load (Laur, 2013). Samplings from both sides of Pleasant Lake by St Paul Regional Water Services over 2012-2015 indicate a stark drop in phosphorus levels after the introduction of this system (Figure 14). Water from Pleasant Lake, after passing southward toward the McCarrons treatment plant, is used by St Paul Regional Water Services to supply over 400,000 residents.



Figure 14. Reduction in phosphorus in Lake Pleasant after the introduction of an oxygenation system. Data from St Paul Regional Water Services. Values shown are annual averages of monthly samples taken May-October (for 2012, April –September). Note: All data were included in the averages, including outliers. (*ie*, if Pleasant Lake East's highest 2012 value of 2115 µg/l had been excluded, the average would be 336 µg/l).

#### **RETROFIT RECOMMENDATION**

The recommendations for the Pleasant Catchment range from bank stabilization in the Charley-Pleasant canal to shoreland restorations to bioretention basins, with additional commentary on the North Oaks Golf area.

One beneficial project the North Oaks Golf Club has considered (and many local courses have implemented) is the use of stormwater runoff as irrigation for the green. This practice would save millions of gallons of water from being pumped from Pleasant Lake annually and would filter pollutants and nutrients from stormwater runoff. Golf courses have the space to store stormwater runoff and can incorporate ponds into their landscape in an aesthetic and functional way. As a large industry and water user, golf courses have the opportunity to show leadership in responsible water stewardship (Dunbar, 2014).

The retrofit recommendations in this section are a product of reconnaissance visits, meetings with VLAWMO and NOHOA to identify the greatest areas of concern, modeled pollutant loading reductions from designed bioretention basins, and an assessment of work already conducted to improve shorelines around Pleasant Lake.



Though RCD staff did not visit shoreline private property, a Pleasant Lake Shoreline Evaluation was conducted in 2009 by Great River Greening to identify and rank the most urgent erosion problem sites along the shore. Of the original 17 sites listed as urgent by the study, NOHOA oversaw the correction of 9 of those sites, in addition to dozens of other high priority areas. The 8 remaining urgent sites are listed in this study in the following map and table. The original waypoint numbers were maintained for ease of reference to the original document.

Figure 15. Map of the urgent sites identified in 2009 by Great River Greening Pleasant in the Lake Shoreline Evaluation that are unaddressed as of December 2015 (source: NOHOA, 2015)

Table 7. Pleasant Lake Shoreline "urgent" erosion areas that have not yet been addressed	
--	--

ID#	Problem	Recommendation
28	Trailside erosion and buckthorn.	Remove buckthorn and plant native vegetation
34	Steep trailside erosion	Install soft armor wall system, revegetate
75	5' sheer bank, trailside erosion	Willow and other live stakes for stabilization
88	Mowing up to water, erosion near trail	Regrade, replant transitional zone, live stakes
89	Mowing up to water, erosion near trail	Regrade, replant transitional zone, live stakes
90	Mowing up to water, erosion near trail	Regrade, replant transitional zone, live stakes
107	Undercutting of trail	Soft-wall system, revegetate about 50' shoreline
126	Buffer was mowed, erosion near trail	Shoreline restoration for at least 100 feet

The Pleasant Lake Shoreline Evaluation, held by NOHOA, has more detail.

In addition to the urgent sites identified by Great River Greening, RCD has identified additional opportunities to restore shoreline along one part of the golf course and stabilize banks along the channels connecting the lakes.

At the northwest corner of the North Oaks Golf Club at in the backyard of 5 Skillman Lane, there is a gap in the vegetated area with a very thin vegetative buffer between the sloping, highly mown lawn and Pleasant Lake. This site, in addition to the back yards of residences on Evergreen Rd seen across the lake (see image below) would benefit from a stronger vegetative buffer. In the case of the Evergreen Rd, additional shoreline stabilization may be required since these sites were highlighted in the 2009 study as urgent erosive threats to the Pleasant Lake Trail and shoreline. A turf to native vegetation conversion would be beneficial as a strip between the lawn and the lake.



Figure 16. (Top left) Aerial view of lawns on Evergreen Lane (and resultant algal bloom) (lawns visible in bottom image) and the backyard of 5 Skillman Lane (close-up in the upper-right hand photo). These lawns would benefit from shoreline restoration BMPs.

The channel connecting Charley Lake to Pleasant Lake, particularly just east of W Pleasant Lake Rd, has erosion and undercutting of the north bank (Figure 17). Though rock is visible from past stabilization, this section of the channel requires improved stabilization to prevent further lost soil and collapsing trees, which are visible on the south bank.



Figure 17. Erosion on the Charley-Pleasant channel, just east of W Pleasant Lake Rd.

Pleasant Charley Deep Subwatershed: Urban Stormwater Retrofit Analysis

Additionally, there is bank erosion north of the E Pleasant Lake Rd bridge on the Deep-Pleasant channel. This is a section of the channel that is narrower than the rest, where water must travel faster, and with this force through the bottleneck of the bridge area, erosion has occurred on both banks north of the bridge, but not south, where the channel is considerably wider. In Figure 18, small trees on both banks can be seen falling inward as soil is slumping. Additional bank stabilization is suggested here to reduce the amount of soil and nutrients directly entering the system.



Figure 18. Proposed bank stabilization site, north of the E Pleasant Lake Rd bridge on the Deep-Pleasant channel

North of this road bridge, a pedestrian bridge near the end of Chickadee Rd also shows signs of minor erosion around the foundations of the bridge on the north side, so this is another area where preventative maintenance of streambank stabilization would be helpful to reduce erosion in the channel. The channel should be monitored for sedimentation levels to determine at what point dredging would be beneficial to remove accumulated sediment with trapped phosphorus, which is a source for internal nutrient loading.

NOHOA leadership has expressed its concern about the variability of the pumping rate of Mississippi River water into Charley Lake (Figure 19), which they feel increases the shoreline's vulnerability to erosion due to fluctuations in shoreline water levels (NOHOA, 2015). Their concern is that buffers and other restoration projects are jeopardized with the changing water level.



Figure 19. Gallons of Mississippi River pumped monthly to Charley Lake from Fridley Pump Station (source: SPRWS, 2015).

In the southwest of Pleasant Catchment, where stormwater infrastructure is concentrated, bioretention retrofits are proposed. Five residential locations were identified for retrofits in the Scotch Pine/Raven Road area (see map below). Simple bioretention retrofits were chosen due to the simple beehive stormwater structures in depressions beside the roads without necessitating curb cuts or retaining walls. The proposed retrofit in the east parking lot of Incarnation Lutheran Church is in an area prone to flooding (Figure 20) where drainage is currently inadequate. This bioretention basin is considered complex because several parking spaces would need to be removed, and the compacted soils would need to be excavated and replaced by engineered soils. If all proposed bioretention retrofits are installed within this catchment, it is modeled that 5.72 lbs of TP and 2202 lbs of TSS would be removed from the catchment, resulting in a 1.8% and 3.0% decrease from the base load, respectively, at an initial total project cost of \$76,875.

Table 8. Ranked bioretention	n retrofits for	r Pleasant La	ke catchment
------------------------------	-----------------	---------------	--------------

ID	Bioretent ion Type	TSS removed lb/year	TP removed lb/yr	BMP area ft2	Tot	tal Initial Cost	An O	nual &M	( re	Cost/lb P moved/yr (30 yr)
2	simple	405	1.228	300	\$	5,250	\$	225	\$	320
4	simple	367	1.077	300	\$	5,250	\$	225	\$	364
3	simple	340	1.002	300	\$	5,250	\$	225	\$	392
1	simple	205	0.641	300	\$	5,250	\$	225	\$	612
5	simple	163	0.484	300	\$	5,250	\$	225	\$	811
6	complex	722	1.291	1350	\$	50,625	\$1	,013	\$	2,065



Figure 20. Flooding at Site 6 (left) in the Pleasant catchment (August 2015), Incarnation Lutheran Church parking lot. The proposed BMP involves removing some parking spaces to expand the vegetated area, creating a raingarden to which most of the back parking lot drains. (Right). Map of bioretention sites 1-6, Pleasant Catchment.


Figure 21. Retrofit locations for the Pleasant catchment, southwest of Pleasant Lake

#### **Deep Lake Catchment**

#### DESCRIPTION

Two thirds of the Deep Lake catchment is composed of water, preserve or undeveloped land, with one third of land use being residential. There are two types of residential areas – an older densely wooded area in the south, and a new development with turf lawns in the north. The old residential area in Deep Catchment is at low risk for introducing excess nutrients to the lake. The new residential development, Rapp Farms, is treating its runoff locally with stormwater ponds and

Deep Catchment Base Load			
Acres	678.2		
TP (lbs/yr)	98		
TP(lbs)/Acre/Yr	0.14		
TSS (lbs/yr)	19,520		
TSS(lbs)/Acre/Yr	28.78		

infiltration trenches with ample distance between the ponds on the lake, reducing risk of external loading from this source as well. Rapp Farms is exceeding the requirements for stormwater treatment and providing an average of 70% phosphorus reduction to surface runoff, according to their Stormwater Pollution Prevention Plan. Due to the relatively low modeled nutrient contribution to the catchment, retrofits in this area were concentrated on Deep Lake itself, which has the highest concentration of total phosphorus and total suspended solids of the three lakes, and the canal conveying water from Deep Lake to Pleasant Lake, which falls mostly in the Pleasant catchment.



To address concerns of erosion and invasive species along the canal between Deep and Pleasant Lakes, VLAWMO and the Ramsey Conservation District, along with the Conservation Corps and North Oaks Homeowners Association, conducted a shoreline restoration project in September 2015 to remove invasive species, plant native vegetation, and install rip-rap for improved bank stabilization at the point of entry to Pleasant Lake.

#### **RETROFIT RECOMMENDATION**

Deep Lake-the lake with the highest nutrient concentration and the lowest external loading in the subwatershed-is most likely receiving most of its phosphorus internally (interaction with the shallow, phosphorus-rich sediment bed) as well as an external source, the impaired Wilkinson Lake, which is

connected via canal. For this reason, potential solutions are directed toward Deep Lake itself, with potential future work in Wilkinson Lake and the canal that connects them.

The treatment recommendation for Deep Lake is aluminum sulfate application. For ponds and small lakes with largely internal loading, "alum" is a common treatment to reduce phosphorus in the water (DNR, 2003). Alum, when mixed with water, forms an aluminum hydroxide precipitate, that then binds with phosphorus to form aluminum phosphate and settles out at the bottom, further binding with phosphorus in bottom sediment. A Wisconsin study found this treatment effective in six out of nine shallow lakes, controlling phosphorus for at least eight years (DNR, 2003). Limnologists and alum professionals should be consulted prior to using this treatment to determine whether alum should be used at this lake (factors such as pH are important to consider for the health of aquatic life) and if so, at what dosage (Barr, 2005).

Dredging, though costly, is another potential method for reducing internal nutrient loading, since much of the phosphorus accumulates in sediment at the bottom of lakes or canals with slow-moving water. Depth of accumulated sediment was not measured in this study, so further study, including a cost-benefit analysis, will be necessary before choosing this option to reduce internal nutrient loading. A comparison of alum treatment versus dredging to reduce phosphorus in lakes can be reviewed in the Internal Phosphorus Load Study: Kohlman and Keller Lakes study performed by Barr in 2005.

## **Conclusions and Recommendations**

The objective of the study was to present a detailed review of the drainage area within the Pleasant Charley Deep subwatershed in order to identify the most cost-effective retrofits to existing stormwater conveyance practices that could be implemented to improve water quality, reduce runoff, reduce TP and TSS, and enhance groundwater recharge.

If all 28 of the proposed bioretention retrofits were implemented, models indicate an annual reduction of 1.8% TP and 3.0% TSS in the Pleasant catchment and 12.8% TP and 15.8% TSS in the Charley catchment (Table 9).

Catchment	Pollutant	Total Reduction (Ib/year)	Base Load (lb/year)	% Reduction
Pleasant	ТР	5.723	315	1.8%
	TSS	2202	74297	3.0%
Charley	ТР	16.981	133	12.8%
	TSS	5665	35803	15.8%

## Table 9. Total annual reduction of TP and TSS from base load if all28 bioretention features are implemented, as modeled by WinSLAMM.

In addition to modeled bioretention basins, a number of additional best management practices were recommended, including iron enhanced sand filters, alum treatment or dredging, stormwater reuse, shoreline restoration, bank stabilization, and swales. These practices require further study, as some are dependent on elevation data from newly graded and developed sites and some require specialists, such as a limnologist to make recommendations on alum treatment in lakes and stormwater ponds.

The community of North Oaks directs the majority of its stormwater to its lakes by way of ditches, wetlands, and stormwater ponds for pre-treatment. In areas where this stormwater collects at catch basins for conveyance, stormwater interception is recommended in strategic locations for bioretention and filtration. In areas with predominant ditch conveyance-especially in turf-dominated landscapes such as Charley Lake Preserve-we recommend the conversion of mowed turf ditches to grassed swales or bioswales with intermittent check dams and/or bioretention to slow and filter water directed toward the lakes.

While most residents of North Oaks have homes in wooded areas with minimal phosphorus runoff impact, the new developments-particularly those in Charley Catchment such as Charley Lake Preserve (and Rapp Farms in Deep Catchment)-have turf lawns that have larger potential for phosphorus loading to stormwater. Both of these new housing developments designed their stormwater capture and treatment just before the MIDS (Minimal Impact Design Standards) were set. The MIDS is a low-impact development approach stating that new developments shall capture and retain on site 1.1 inches of runoff from new impervious surfaces (MPCA Water, 2014). While both developments used the ½ inch requirement for their runoff, Charley Lake Preserve's case designed the stormwater pond about 80 ft south of Charley Lake to meet this basic requirement, while Rapp Farms exceeded many times over the storage requirement with stormwater ponds, in addition to filtration trenches. For this reason, more retrofits have proposed systemically for Charley Lake Preserve.

Homeowners can also do their part by following best practices such as infrequent mowing of ditches, use of phosphorus-free lawn fertilizers, and collecting grass clippings and leaves before this lawn waste enters the stormwater conveyance to lakes, where they increase the nutrient load, leading to algal blooms and murky, odorous water. Lakeshore homeowners, by ordinance of the City of North Oaks, may not use fertilizers containing phosphorus, and furthermore, no vegetation may be trimmed or removed within 20 ft of the Ordinary High Water Level of any public water without prior approval of the City Forester, but further education and enforcement of these ordinances could be promoted internally (153.052 Shoreland Alterations (B)).

This assessment represents one of many components of a comprehensive watershed restoration plan – other important components include: educational outreach, buffer zone management, discharge prevention, upland native plant community restoration, and pollutant source control. The implementation of the retrofits described in this assessment would greatly improve the water quality in the impaired PCD lake system, which is a crucial part of the Chain of Lakes used by St. Paul Regional Water Services for potable water supply for 80% of Ramsey County residents.

## Appendix A.

## WINSLAMM modeling parameters and files used in the assessment

File Name	Date Created/ Last Modified	Created By	Description			
"CPZ:" These files contain the sediment particle size distributions developed from monitored data. The files area used in the evaluation of control practices that rely upon particle settling for pollution control.						
NURP.CPZ	5/16/88	Pitt/UA	Summarizes NURP outfall particle size data			
"PPD" (Pollu	"PPD" (Pollutant Probability Distribution) files describe the pollutant concentrations found in source areas.					
WI_GEO01.ppd	11/26/02	Horwatich/USGS	USGS/DNR pollutant probability distribution file from Wisconsin monitoring data.			
"PRR" (Particulate Residue Reduction) files describe the fraction of total particulates that remains in the drainage system (curbs and gutters, grass swales, and storm drainage) after rain events end due to deposition. This fraction of the total particulates does not reach the outfall, so the outfall values are reduced by the fraction indicated in the .PRR file.						
WI_DLV01.prr	7/8/01	Horwatich/USGS	USGS/DNR particulate residue reduction file for the delivery system from Wisconsin monitoring data.			
"RSV" (Runoff coefficient file). These coefficients, when multiplied by rain depths, land use source areas, and a conversion factor, determine the runoff volumes needed by WinSLAMM.						
WI_SL06 Dec06.rsv	12/18/06	Horwatich/USGS	USGS/DNR runoff volumetric coefficient file from Wisconsin monitoring data. Use for all versions of WinSLAMM starting from v 9.2.0.			
"STD" (Street Delivery File): These files describe the fraction of total particulates that are washed from the streets during rains, but are subsequently redeposited due to lack of energy in the flowing water.						
WI_Com Inst Indust Dec06.std	12/12/06	Horwatich/USGS	USGS/DNR street delivery file from Wisconsin monitoring data. Use for all versions of WinSLAMM starting from v 9.2.0 for Industrial, Commercial and Institutional land uses.			
WI_Res and Other Urban Dec06.std	12/07/06	Horwatich/USGS	USGS/DNR street delivery file from Wisconsin monitoring data. Use for all versions of WinSLAMM starting from v 9.2.0 for Residential and Other Urban land uses.			
Freeway Dec06.std	7/12/05	Pitt/UA	Street delivery file developed to account for TSS reductions due to losses in a freeway delivery system based upon early USDOT research. Renamed Freeway.std			
"PSC" (Particulate Solids Concentration): Values in this file, when multiplied by source area runoff volumes and a conversion factor, calculate particulate solids loadings (lbs).						
WI_AVG01.psc	11/26/02	Horwatich/USGS	USGS/DNR particulate solids concentration file from Wisconsin monitoring data.			
"RAN" (Rain Files):						
MN Minneapolis 59.RAN	NA	NA	A n event-record of rainfall for the year 1959, considered as an average year, in the form of Start Date, Start Time, End Date, End Time and Rainfall (in inches).			
Settings						
Parameter	Description					
Start/End Date	Defines the modeling period in reference to the rain file data. In this case, the entire one year period was selected (i.e., 01/02/59-12/28/59).					
Winter Season Range	Set to begin on November 7 <sup>th</sup> and end on March 17 <sup>th</sup> .					
Drainage System	Set to "Curb and gutter, valleys, or sealed swales in fair condition.					

## WINSLAMM Standard Land Use Codes

## **RESIDENTIAL LAND USES**

- Medium Density Residential without Alleys (MDRNA): 2 6 units/acre.
- Low Density Residential (LDR): Same as HDRNA except the density is 0.7 to 2 units/acre.
- Duplexes (DUP): Housing having two separate units in a single building.
- Multiple Family Residential (MFRNA): Housing for three or more families, from 1 3 stories in height. Units may be adjoined up-and-down, side-by-side; or front-and-rear. Includes building, yard, parking lot, and driveways. Does not include alleys.
- Suburban (SUB): Same as HDRNA except the density is between 0.2 and 0.6 units/acre.

### INDUSTRIAL LAND USES

- Medium Industrial (MI): This category includes businesses such as lumber yards, auto salvage yards, junk yards, grain elevators, agricultural coops, oil tank farms, coal and salt storage areas, slaughter houses, and areas for bulk storage of fertilizers.
- Non-Manufacturing (LI): Those buildings that are used for the storage and/or distribution of goods waiting further processing or sale to retailers. This category mostly includes warehouses, and wholesalers where all operations are conducted indoors, but with truck loading and transfer operations conducted outside.

### INSTITUTIONAL LAND USES

- Education (SCH): Includes any public or private primary, secondary, or college educational institutional grounds. Includes buildings, playgrounds, athletic fields, roads, parking lots, and lawn areas.
- Miscellaneous Institutional (INST): Churches and large areas of institutional property not part of CST and CDT.

### OTHER URBAN LAND USES

- Parks (PARK): Outdoor recreational areas including municipal playgrounds, botanical gardens, arboretums, golf courses, and natural areas.
- Undeveloped (OSUD): Lands that are private or publicly owned with no structures and have a complete vegetative cover. This includes vacant lots, urban fringe areas slated for development, greenways, and forest areas.

## **Appendix B.**

Bioretention:

Curb cut raingarden, with 1.5-2ft perimeter wall, in a residential area.



## **Bioretention design**



Graphic courtesy of Charles River Watershed Association, Weston, MA. www.charlesriver.org.



Precipitation data used for modeling was the year 1999, since its annual rainfall (30.54 inches) best resembles the area's average annual rainfall (30.61 inches) (DNR, 2015).

## References

Barr, 2005. Internal Phosphorus Load Study: Kohlman and Keller Lakes. Prepared for Ramsey-Washington Metro Watershed District. October 2005. <u>http://www.rwmwd.org/vertical/Sites/%7BAB493DE7-F6CB-4A58-AFE0-</u> <u>56D80D38CD24%7D/uploads/%7BCE31B978-1F23-4799-BB7E-3C91EB1897B7%7D.PDF</u>

**DNR, 2003.** Alum treatments to control phosphorus in lakes. Wisconsin Department of Natural Resources. March 2003. http://dnr.wi.gov/lakes/publications/documents/alum\_brochure.pdf

## DNR, 2015. Minnesota Department of Natural Resources:

<u>http://www.dnr.state.mn.us/climate/historical/acis\_stn\_data\_monthly\_table.html?sid=mspthr&sname</u> =Twin%20Cities%20Area&sdate=por&edate=por&element=pcpn&span=annual&counts=no

**Dunbar, Elizabeth. MPR News.** "Golf courses start to reuse stormwater to keep grass green." June 5, 2014. http://www.mprnews.org/story/2014/06/05/ground-level-beneath-the-surface-golf

Laur, Kathy. 2013. North Oaks News. "Pleasant Lake oxygenation project moving forward" February 2, 2013. http://www.presspubs.com/north\_oaks/news/article\_20ef9c68-7947-11e2-b7c0-001a4bcf887a.html

# Metropolitan Council, 2014. FEASIBILITY ASSESSMENT OF APPROACHES TO WATER SUSTAINABILITY IN THE NORTHEAST METRO: SUMMARY. DECEMBER 2014

http://archive.leg.state.mn.us/docs/2015/other/150028.pdf

Metropolitan Council, 2010. Datafinder METROGIS. Land Cover, Planning and Development layers

## MPCA, 2014. EDA: Guide to Typical Minnesota Water Quality Conditions

www.pca.state.mn.us/index.php/data/eda-surface-water-searches/eda-guide-to-typical-minnesotawater-quality-conditions.html

MPCA, 2015. Overview for iron enhanced sand filter. Last modified May, 2015. http://stormwater.pca.state.mn.us/index.php/Overview for iron\_enhanced\_sand\_filter\_MPCA EDA,

**MPCA EDA, 2014. Minnesota Pollution Control Agency Environmental Data Access.** http://cf.pca.state.mn.us/water/watershedweb/wdip/search\_more.cfm

Deep Lake period of record 1985-2014 Pleasant Lake period of record 1979-2011 Charley Lake period of record 1985-2014 Wilkinson Lake period of record 1998-2014 **2015. Minnesota Pollution Control Agency Environmental Data Access.** Guide to Typical Minnesota Water Quality Conditions. <u>https://www.pca.state.mn.us/quick-links/eda-guide-typical-minnesota-water-quality-conditions</u> accessed 12/04/2015

**MPCA Water, 2014. Enhancing stormwater management in Minnesota.** December 2, 2014. https://www.pca.state.mn.us/water/enhancing-stormwater-management-minnesota

**NOHOA, 2015.** North Oaks Homeowners Association. Personal meeting with Executive Director Kimberly Murray and Director of Land and Water Diane Gorder. 12/15/2015

## SPRWS, 1994. Saint Paul Regional Water Services.

Historical Deep Lake Outlet Results (1984-1994). (document provided at request).

## SPRWS, 2005. Saint Paul Regional Water Services.

Historical Wilkinson Lake Outlet Result 1997-2005 Historical Charley Lake Outlet Result (1984-2005) (documents provided at request).

## SPRWS, 2010. Saint Paul Regional Water Services.

Pleasant Lake Outlet Result (1984-2010) (document provided at request).

## SPRWS, 2015. Saint Paul Regional Water Services.

Fridley Pumpage Record 2014-2015. Missississippi River at Fridley Result (1984-2015). (documents provided at request).

## VLAWMO, 2014. Minnesota Pollution Control Agency. 2014 Water Quality Monitoring Program Report

http://www.vlawmo.org/files/6014/3135/7819/2014\_Annual\_Report\_APPENDIX\_A-3\_Monitoring\_report.pdf